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Defining the Self in Terms of Power, Plurality and Social Embeddedness – the Model of the Agonistic Self

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DEFINING THE SELF IN TERMS OF POWER, PLURALITY AND SOCIAL EMBEDDEDNESS – THE MODEL OF THE AGONISTIC SELF

Abstract. The paper offers an analytical framework for conceptualization and research of the structure and dynamics of the agonistic self, relying on Hermans' dialogical self theory and Foucault's analytics of power. In a multiple-case study, 9 teachers participated in a two-phase Agonistic Self Interview. A deductive-inductive thematic analysis of the data yielded an analytical framework comprising 4 categories: Functions of Voices, Power Relations (with two sub-categories: Forms of Exercising Power and Practices for Exercising Power and Resistance), Types of Relations Between Voices, and Institutional Context. The paper offers the analytical concept of a strategic situation along with novel methodological tools for the research and analysis of the self as embedded in interpersonal relationships and sociocultural and institutional context. The psychological relevance of the findings is discussed in terms of relations between dominance and maintaining plurality within the self and relations between the stability and social contextualization of the self.

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INTRODUCTION

This paper presents a thorough consideration of the model of the multiple, decentralized, discontinued, socially embedded and culturally and institutionally contextualized self, whose dynamics are predominantly defined by power relations between different voices (Džinović, 2020). We propose for this model of the self to be labeled as *agonistic*. The term comes from the Greek word agon ($\dot{\alpha}\gamma\dot{\omega}v$) denoting struggle, which is the root metaphor of our understanding of the self.

In the first part of the paper, we focus on: 1) approaches that share the ideas of multivoicedness and sociocultural embeddedness – polyphony (Bakhtin, 1929/1984), the dialogical self theory (Hermans & Kempen, 1993), and social saturation (Gergen, 1991; 2009); 2) Foucault's (1979) analytics of power. Further, we present the model of the agonistic self as a part of the strategic situation along with its research methodology. Finally, we introduce a set of categories for describing and analyzing the dynamics of the agonistic self, developed in a qualitative study of the teacher professional self.

Multivoicedness, Social Embeddedness, and the Self

Bakhtin (1929/1984) inspired the model of the multivoiced self as he was among the first to view individual consciousness as a social and dialogical phenomenon. He pointed to the need to analyze

the tensions and contradictions within the self from the standpoint of wider ideological conflicts in society, within which one's individual consciousness is established.

Drawing on Bakhtin's ideas, Hermans & Kempen (1993) conceptualized the self as comprising a multitude of perspectives that the I can take up alternately in order to give them voice and enable dialogical exchanges between them. Hermans (2003; 2018) relativized the deeply rooted division into the inner psychological space and the material and sociocultural space accepting James' (1890) idea of the self possessing the crucial ability of appropriating various aspects of the surroundings. Relatedly, one of the key assumptions of the dialogical self theory (DST) is that relations between I-positions reflect a vast array of interpersonal relations, such as agreeing/disagreeing, negotiating, criticizing or judging, as well as different societal relations characteristic of institutional relations and social rules, such as self-sabotage, self-radicalization or self-government (Hermans, 2018).

Kenneth Gergen (1991) shed light on the mechanism through which the social environment furnishes the self with myriad different and conflicted potentials for being, referring to it as social saturation. Gergen argued that people adopt values, ritualized practices, and behavior patterns through relations with others, which is also in line with the ideas of Vygotsky (1962). Therefore, the results of social saturation are not limited to mental representations that aid the formation of a person's self-concept, but also include potentials for different ways of existing and expressing opinions, feelings, and intentions (Gergen, 2009).

From Dialogicality to the Struggle for Dominance

The DST offers an extensive elaboration of the idea that the dynamics of the self are affected by power relations. According to this perspective, power asymmetry is inherent in all communication activity, especially when institutional power differences are at play (Hermans, 1996; Hermans & Hermans-Konopka, 2010). Moreover, contemporary DST authors recognize that the tensions will inevitably emerge from the structural power differences, and that they represent pluralistic conditions for the development of both intrapsychological and interpersonal dialogues (Suransky & Alma, 2018). By incorporating the model of the agonistic democracy (Mouffe, 2013) they argue that the inherent structural differences cannot be overcome within the dialogue as they are rooted in political and economical circumstances. Therefore, authors call for explicitly addressing those inequalities with the aim to create an agonistic environment, in which parties both fight for

hegemony and acknowledge the right of others to fight for their position. In line with Mouffe (2013), Hermans (2018) states that both kinds of dialogue - consensual (consonant) and agonistic (dissonant) create the dynamics of the self. The former leads to consensus and effective action, while the latter leads to change and innovativity. The key idea of the dissonant dialogue is that the power differences are unavoidable and productive. This is also the basis assumption of our model of the self, with one important addition: behavior is based not only on the tensed and temporary convergence among alternative ideologies, but also on the suppression of the opposing perspectives.

In order to fully understand the importance of power relations for intrapsychic dynamics we turn to Foucault's analytics of power (1979; 1982) as the most influential author whose work connects the theory of power and psychology. Foucault's significant contribution to contemporary understanding of power is that power relations are ubiquitous, unavoidable, and positive. Power is ubiquitous because everybody exercises power and is subjected to it. It is also unavoidable as it is impossible to extricate oneself from power relations. Finally, the positivity of the mechanisms of power is manifested in the constitutive role of the struggle for power in producing human subjectivity (Džinović, 2020; Foucault, 1979). Namely, social mechanisms of surveillance, confession, and examination produce discourses about individuals as beings to whom certain psychological characteristics, dispositions, and potentials are ascribed (Foucault, 1979; 1982). Discourses offer positions for the individualization of accounts, perceptions, and actions, which Foucault (1972) referred to as vacant places. The main implication of this standpoint is that the sense of being a psychological subject is the result of the individual temporarily occupying a certain position within the mechanism of subjectivizing power. Much like Gergen, Foucault believed that positions of subjectivity constitute a unique guide to action and are not mere semantic labels that people can identify with and use to conceptualize their diverse experiences.

Foucault's approach to the problem of subjectivity neglects the perspective of the subject herself, who is faced with an array of possibilities for different ways of self-perception and action. Therefore, in this paper, we want to shed light on this individual perspective by asking the question of what sense of self is enabled by the mechanisms of subjectivizing power. Having in mind these considerations, we assumed that being exposed to multiple positions of subjectivity results in a struggle for dominance between these positions and that these agonistic dynamics form the basis of one's sense of self.

Raggatt and Weatherly (2015) also pointed out that there is a lack of assessment tools that would allow for the examination of conflicts and opposing relations as crucial features of the dynamics of the dialogical self. This points to the existence of the methodological problem in agonistic approach to the self, aside from the conceptual one. Therefore, we aim to address both shortcomings in our paper.

The Agonistic Self and the Strategic Situation

Previously the model of the agonistic self has been proposed, in which the self was defined as a strategic situation that entails a temporary and dynamic relation of power between different voices (Džinović, 2020). This agonistic approach is based on the view of the self not as a permanent and singular psychological object behind the pronoun I, but rather as an event in which different voices of unequal power confront each other. The situation is labeled as strategic because voices enter complex, long-lasting conflicts in which they use diverse tactics of power. The term voice refers to a personified, voiced, and named ideology that encompasses a relatively coherent set of beliefs, value orientations, and courses of action (Bakhtin, 1929/1984). In accordance with Billig (1991) we also understand a voice as a certain ideological view with its arguments, which compete for dominance with rival arguments. This strategic situation represents a dynamic event or process because tendencies towards conflict and cooperation among voices are diversely expressed in it. Temporariness refers to the fact that a sudden change in the distribution of power in the strategic situation leads to the epistemological appearance of a new self with new voices as characters among which a novel agonistic "plot" arises.

Having in mind the DST, we previously considered the self as a key concept whose dynamics are to be analyzed. However, the dynamics of the strategic situation are not exhausted by the relations between the voices belonging to the self, but two other actors equally shape these dynamics. First, there are exterior voices as representations of others in relation to the self since it is not possible to draw a clear line between what belongs to the self and what is the product of intersubjectivity, that is, the experience of joint action (Shotter, 1989; 1993). Second, there is the sociocultural and institutional context viewed as "a pre-existing plane" of value orientations that are operationalized through corresponding positions of subjectivity, institutionalized practices, material products, rituals, social norms, language, and the like (Cole, 1996; Foucault, 1972). Therefore, we wish to examine the justification and usefulness of reconsidering the strategic

situation as a temporary, dynamic, and context-embedded constellation of power that entails internal and internalized voices of the self and exterior voices.

Research Aim

The main research aim of this paper is to develop a system of categories for precise theoretical conceptualization and the analysis of structure and the dynamics of the strategic situation. In line with this goal, we wish to determine whether introducing power relations as an inherent characteristic of the self can shed light on some of the aspects of the dynamics of the self that have remained omitted in the models insisting on the integrated (Erikson, 1968/1994; Harre, 1998; McAdams, 2006), coherent (Kelly, 1955; McAdams, 2006), and democratic (Hermans, 2018) nature of the self.

Context of the study

Primary education in Serbia is comprehensive, compulsory and implemented in two cycles: class teaching from Years 1–4 and subject teaching from Years 5–8, starting from the age of 7 (Spasenovic, Hebib & Maksic, 2015). Most of the teachers are female. The average teacher salary is slightly higher than the average salary in the country (Statistical Office of the Republic of Serbia, 2019). For that reason, the teaching profession is not quite attractive and it is worrying that every fifth teacher would like to change their job (OECD, 2014; Spasenovic, 2012). Lack of financial support makes the in-service training less effective, and the fact that around 40% of teachers have fixed-term working contracts and small career advancement opportunities negatively affect their motivation levels (OECD, 2020).

The Serbian educational system faced significant reforms in the past two decades which were mainly created for and applied at the elementary school level. The major among them refer to the changes in school management, the implementation of inclusive education, the creation of new curriculum, the development and application of school evaluation and the implementation of a new model of in-service teacher development (Hebib & Ovesni, 2019; Spasenović, Hebib & Maksić, 2015; Stanković, 2011). In spite of the amount of the reform interventions the overall evaluation of their outcomes shows the limited success in all the areas of the reform. There were significant discontinuities in educational policies during this period resulting in the teachers' sense

of confusion regarding the direction of the reform and, consequently, to insufficient progress in the quality of students' knowledge (Hebib & Ovesni, 2019; Stanković, 2011).

METHODOLOGY

Participants

The sample comprised 9 elementary school teachers, including 7 subject teachers and 2 class teachers. All participants were female, with 1-10 (N=3), 10-20 (N=4), and >20 (N=2) years of teaching experience. Most participants taught humanities subjects. Participants were recruited from two elementary schools in downtown B.¹, both schools being partner institutions on a research project conducted by the research institute to which the authors of this paper are affiliated. Teachers were invited to participate in our research, which would include in-depth conversations about their professional experiences and old and new professional roles and would, hopefully, help them gain a deeper understanding of their profession and their professional identities. Each participant gave a verbal informed consent for audio-recording the conversations and the researchers guaranteed anonymity.

Data Gathering – The Agonistic Self Interview

We gathered data using the Agonistic Self Interview (ASI), which represents an operationalization of the Model of the agonistic self (Džinović, Vesić, & Grbić, 2021; Grbić, Vesić, & Džinović, 2021; Vesić, Džinović, & Grbić, 2022). The interview procedure was inspired by the Constructivist Rologram technique (Stojnov & Pavlović, 2009; Stojnov & Procter, 2012), which uses graphic representations to elicit roles and encourage reflection on the relations between them. We found this interview approach to the plurality of the self useful for organization of agenda for Agonistic Self Interview, because it serves to elicit different positions of I with the help of visual mapping of their relations. We further developed the ASI as a distinct technique based on the principles of dialogicality and power relations.

We started the first interview by introducing the concept of "voice" to the teachers. As mentioned, we have explained that during the interview we will explore their professional identity, and different roles they have as teachers. We said that they could think about these different roles

¹ Full name of the city will be provided after the review process.

(we used this term in the everyday sense and not in the sense it is defined in the Personal Construct Psychology - PCP) as various "voices", or characters that they assume in their everyday professional practice. Each "voice", role, or character has its own thought process, beliefs on what is important to achieve and ideas on how those beliefs should be put into practice. We have also mentioned that some roles, or voices, could be compatible, i.e. in sync with one another, while others could be mutually opposed. In general, the metaphor of voice seemed intuitively understandable for the participants and most of them easily adopted it. However, we did not insist on the name "voice" - participants also used the term "role", or just said, for example: "I am, first and foremost, the Lecturer" and "Sometimes, I'm also a Boogeyman". Those distinct characters teachers treated as their professional roles and they matched our conceptualization of voice, so we treated them as such.

During the first interview, we encouraged the participants to write down each of the characters they assumed in their teaching practice, and to visually represent them and their relationships to each other (to put closer those who work together well, to put the most important ones in the middle, to use some symbols to represent collisions between some of their roles, characters or voices, etc.). Aside from this similarity with the Constructivist Rologram, it should be clear that, theoretically, the concept of voice is different from the concept of role used in the Constructivist Rologram technique. Let's take for example the role of *Older brother*. In Rologram technique, this role would be understood in terms of one's constructions of his/hers placement and responsibilities in social relations (e.g. "I am an older brother who has to protect my younger siblings"). However, in the ASI we would elicit different perspectives on what does it mean to be and how does it look like to be an Older brother (e.g. "I as an older brother have to always be there for my younger sibling", but also, "I as an older brother deserve more allowances"). We consider roles from the Personal Construct Psychology and voices in the Model of Agonistic self as categories belonging to different planes of conceptualization of human behavior.

After the introduction to the participants on how they can understand the term "voice", we proceeded with the interview. The ASI comprises questions that explore the structure and dynamics of the strategic situation, here in the context of the teacher's professional identity.

Structure. First, we mapped the inner voices, that is, the voices participants viewed as genuinely theirs. Some of the questions in this section were: 'Write down your thoughts on professional roles that you assume as a teacher as if they were voices or characters engaging in

dialogue on an imagined stage. Write down their views on what classes should look like, how the teacher and students should behave, what learning is, and the like. How would you name each of those voices?' In the subsequent part of the interview, we asked participants to expand their voice repertoire to include internalized voices, that is, the ones they knew came from other people but they heard as if they were theirs or as if they were 'in their heads'. Finally, we asked teachers to elicit exterior voices, the messages sent by other actors in the educational system with whom they regularly interact.

Dynamics. The interview process proceeded with the questions concerning the relationships between voices. The questions regarding the dynamics were conceptualized based on the theoretical categories of dominance versus subjection and cooperation versus conflict (Džinović, 2020). Examples of questions were: Which voices are dominant and which are sidelined or silenced and why? Which voices cooperate, support, or help one another and which voices are in a mutual conflict and why? Which voice do you rely on most when faced with everyday professional challenges/bad feelings and why? Which voice is the sheer opposite of this voice in this respect and why?

Data gathering procedure included the second interview, which was less structured and more focused, and served to further elaborate all concrete dilemmas regarding the structure and dynamic of one's agonistic self. For example, if during the analysis of the first interview we mapped a stream of thought that the participant themself did not recognize as voice, we used the second interview to explicitly ask them about it and clarify its status. A participant could mention in the first interview that she sometimes feels "tired" and thinks that professional demands are too high and that they could take a toll on her health. If we were not clear on the status of this stream of thought after the analysis of the initial interview, we would ask the teacher in the second interview whether this is a distinct new voice or if this is a part of some other already recognized voice.

Typically, at the beginning of the first interview participants named 5 to 6 internal and internalized voices, and during the course of the first interview, as well as in the second, around 2 to 3 more voices were elaborated. We believe that the number of voices that can be elicited should not be limited in advance. But, in our experience, one can perceive and differentiate from 5 to 10 voices as independent and relatively coherent units.

Procedure

Teachers who volunteered to participate in the research first had initial interviews at the schools where they worked, which were subsequently transcribed. Based on the initial analysis, the researchers wrote up individual reports containing descriptions and interpretations of the structure and dynamics of the agonistic self, which the researchers treated as revisable hypotheses. After the initial analysis, the teachers received: a) individual reports for the purpose of participant validation; and b) additional questions for purpose of resolution of existing dilemmas, gathering missing data and theory specification (see Quality Assurance).

For five teachers whose individual reports were more extensive and involved more dilemmas and missing data, the second interview was conducted. Four teachers were asked to send their answers in written form as their individual reports were less dilemmatic. Each initial and second interview lasted between 90 and 120 minutes. The initial interviews were conducted between April and June 2019, while the second interviews and the written exchange took place in January and February 2020. The teachers who participated in the second interviews were financially reimbursed. New data was used to produce revised and more elaborated individual reports that entered a cross-case analysis.

Data Analysis

We opted for the multiple-case study design as the methodological framework most suitable for linking the level of individually specific data to the level of general data that enable theory building (Willig, 2008; Yin, 1994/2014). Within the multiple-case study design, we conducted a deductive-inductive thematic analysis (Braun & Clarke, 2006). In the first step, we conducted single-case studies. Each successive study served to replicate the previously generated categories and develop new categories (Yin, 1994/2014). To replicate the categories developed in later individual studies, we returned to previous studies and revised them. In other words, our multiple-case study involved multiple reinterpretations of case studies within a 20-month process of developing, applying, and verifying analytical categories.

The initial categories of dominance, subjection, cooperation, and conflict, which were entered into the interview guide, were based on Foucault's (1979) analytics of power. In the process of data analysis, these categories were distinguished from similar, inductively developed categories. Although numerous inductive categories were introduced during the course of thematic

analysis, we used pre-existing theoretical concepts to name and define them and thus establish links between our categories and these concepts (Table 1).

In the phases of collecting data and developing inductive categories, we partially validated the generated categories through the experiences of the participants. However, we moved away from our participant's experiences and terminology and developed analytical concepts that could provide the foundation for a theory on the dynamics that underlie behavior.

Quality Assurance Procedure

The quality assurance procedure involved the hermeneutic circle (Schleiermacher, 1998), the negotiation of the meanings of the generated categories, participant validation, and additional data gathering for the purpose of theory refinement (Henwood & Pidgeon, 1992).

We applied a common quality assurance procedure involving circular movement between the data and the interpretive categories along with the reinterpretation or refinement of their meanings when needed. A shift in meaning between the two points in time when the interviews were conducted was a particular challenge. This challenge was overcome by pointing out the differences in meaning to the teachers and asking them to modify the initial interpretations together with the researchers. That way, we acknowledged the temporal mutability and the developmental nature of the phenomenon (Yin, 1994/2014).

The researchers together analyzed all the data, which allowed for a continuous negotiation of interpretations and a dialogue on theoretical and semantic meanings of the categories. The researchers partly relied on Foucauldian, Kellyan, and sociocultural theoretical orientations, which led to lively and occasionally heated discussions that contributed to the preciseness and credibility of the obtained categories.

In terms of participant validation, we asked the teachers to read the initial individual reports and give their comments on the soundness of our interpretations. To this end, we constructed the initial individual reports so they comprised descriptions of relations between voices that reflected the statements of our participants as closely as possible. We explicitly mentioned only a few analytical categories developed by that point.

For the purpose of further development of the theory, we prepared additional questions for the participants. We asked the teachers to confirm the existence of the new voices hypothesized on the basis of the transcript, additionally describe relations between certain voices, render these interactions concrete and tangible by describing situations in which they can be observed, and finally, act as a jury of sorts in cases of competing interpretations provided by the researchers.

Appendix 1 offers excerpts from the first and the second interview with one of the participants, Tea, which readers can use to get the idea on how the voices were elicited during the interviews and how participants discussed them in the context of their everyday teaching. Excerpts from Tea's interviews are used throughout the Results section in order to discuss and illustrate theoretical propositions, as well as to show distinctions between the proposed categories on concrete examples. Where appropriate, we have also used excerpts from interviews with the other participants, which entail the descriptions of their interactions with the students, parents and colleagues.

RESULTS

Table 1 offers an overview of the tripartite category system which entails: structural part of our model (Functions of voices), dynamics of the agonistic self (Forms of exercising power, Practices for exercising power and resistance and Types of relations between voices) and the institutional context in which voices operate. The table also includes references to theoretical sources based on which certain categories were formed or named.

Table 1. Categories for Describing the Dynamics of the Strategic Situation

Main Categories	Sub-categories	Theoretical Influence
Functions of Voices	Ideologue (prevailing, dominant)	12
	• Executor	• Personal Construct Psychology (PCP), subordination (Kelly, 1955)
	• Facilitator	
	• Advocate	
	Illegitimate Facilitator	• Dialogical Self Theory (DST), shadow position (Hermans, 2018); PCP, regnancy (Kelly, 1955)
	• Protestor (*some are Antagonists)	
	• Process Modifier	
	Subsequent Evaluator	• DST, meta-position, (Hermans, 2018)

	Forms of Exercising Power	Domination Prevailment	Analytics of power (Foucault, 1979); PCP, core constructs (Kelly, 1955)
Power relations _		Resistance	• Analytics of power (Foucault, 1979)
	Practices for Exercising Power and Resistance	• Legitimation	Discursive psychology, strong evaluation (To be 1997)
		Delegitimation	(Taylor, 1985); positioning (Davies & Harré, 1990)
Types of Relations		 Identification Acceptance with critique Team work (facilitating, executive) Cooperation Productive tension Conflict 	
Institutional Context		Formative effect Legitimizing effect	• Analytics of power (Foucault, 1979)

Functions of Voices

When asked about their professional roles and values, teachers, as expected, usually started their narrative with the role of somebody who passes the knowledge down ("Educator", "Lecturer", sometimes "Motivator"). Later, teachers elaborated on key beliefs and values they hold, which they attributed either to the voice of the "Educator", or they ascribed it to an important other from their past, often both. As we will argue, these voices are Ideologues, a kind of powerful voices which are a backbone of their professional identity. Their narratives show that Ideologues have supportive voices that help with the teaching process, which we named Executors and Facilitators. Teachers also have additional beliefs regarding their practice that were important but not central for them, which were personified by what we named Advocates. Furthermore, while narrating everyday school situations and interactions, they also displayed some other behaviors and perspectives on teaching that were quite different from their main values. Those voices had a range of negative affects and emotions attached to them (e.g. rage, exhaustion, helplessness). We were sensitive to displays of these other experiences and treated them as distinct types of voices:

Illegitimate Facilitators, Protestors and Antagonists (which we treated as a subtype of Protestors). Finally, teachers habitually reported on an evaluative practice they tend to do during and/or after they exit the classroom, which we recognized as Process Modifiers and Subsequent Evaluators.

In total, we distinguished between 8 main functions of voices (Table 1) which are relational and trans-situational. It means that a voice only has a function in relation to other voices and performs the same function in all strategic situations. The exceptions of the rule of transsituationality are the Facilitator and the Advocate (see the sections on Facilitator and Advocate below).

First, we will discuss voices which personify participants' core values and beliefs. These voices are recognizable in that the participants regularly use first person to describe them ("I want to change the world"... "I'm also a circus performer"... "I take into consideration the differences between the kids"), which suggests strong identification with these standpoints. We view these voices as ego-syntonic in a sense that they mostly personify positive emotions, desirable traits and skills and an overall sense of purpose.

Examples that will serve for better understanding of developed categories will be presented in indented blocks separated from the rest of the text. These examples represent excerpts from individual reports, which means that they are parts of our analysis. The individual reports also comprise the excerpts from the interviews, i.e., participants own words, which we put in *italics*.

Ideologue is, as we mentioned, usually the first voice participants elicited during the interviews. We defined it as a voice primarily characterized by a complex and well elaborated system of values, attitudes and preferences which regularly interacts with the exterior voices and channelizes the behavior in a wide range of situations. We mapped two kinds of Ideologues: the prevailing Ideologue, i.e. the King, and the dominant Ideologue.

The King is 'the main protagonist' of the strategic situation, that participants talked about as the most important voice or the voice who has some kind of a task or a mission (in this particular case, regarding the teaching) and an idea on how to put that into practice. As participants' narratives show, he has a team of voices assembled around him with whose assistance the King manages to assert its course of action and realize its ideology in most situations (Tea: "It's as if he was above them. It's like a king and his kingdom. The king has advisors who assist him to reign").

As can be concluded from this excerpt, we named this function of the voices 'the King' according to the label which the research participant had used in order to express the importance and the central position of this kind of Ideologue in the repertoire of the voices. The voices that comprise Kings' team or coalition will be discussed in the sections on the Facilitator and the Executor. Here is one example of King:

Tea² named her King the Educator and here is how she describes it: One complete teacher that is well educated and competent should always work on improving herself. I want to learn new things, to inspire the students, to change the world. As we can see, King's ideology is not limited to the goal of teaching the students stuff included in the curriculum, but also bears the sense of professional purpose. She is motivated by leaving a trace in student lives (which stems from the Family voice): It is important for me that students learn something for life. I want them to remember me... I have found [student's talent for music] which they and their parents had no clue about. There's no bigger inspiration!. The Educator's complex ideology personifies a blend of the traditional and the modern teacher, because it is not merely oriented towards passing down the knowledge: I don't like to teach frontally, that is outdated, and not good with these new generations. I mainly teach through the discussion and guide students to discover the answers themselves. Tea opposed our initial interpretation of Educator, arguing that she stands for creativity: She is not strict and firm... I think you got her all wrong. Yes, she is focused on realizing curriculum, but she finds creative ways to do so. She is flexible. The Educator has a vision about how her classes should look: I teach culture. My classes should be pleasant, creative, interesting... I mainly teach through the discussion and guide students to discover the answers themselves. This type of standpoint that has a wide-ranging set of beliefs and bears a sense of purpose is what we call a highly developed ideology.

A second type of Ideologues is the dominant Ideologue, which personifies core personal or professional values. In all but one example, it was a voice of the important person or persons from the participants' past, which was crucial for the development of their value system. In the case of Tea, she named it "Family voice", and for her it was a collective voice of her mother's side of the family. Mina named it "Father's voice" and for Jessica it was Teacher's voice of fairness (see below Mina's example under section Domination and Jessica's example under section Identification). However, times change and participants recognized that, even though they heavily rely on a set of beliefs and practices personified by that voice, they also have to modernize their

² We used pseudonyms to protect the identity of the participants.

perspective if they want to keep up with the new generations and societal transformations. That is why, although crucially important for participant's moral system and professional identity, these voices are not the main protagonists on the educational scene, but "chief advisors of the King", as Tea put it. Also, they remain key transsituational sources of the legitimation of the prevailing Ideologue. The discussion on dominant Ideologues continues in the Dominance section.

Executor appears in participants' narratives as a supporting voice that interacts with the students, i.e. the exterior voices in order to help the King realize its teaching values, which makes it part of King's team (see the section on Team work below). In participants' narratives, Executors' actions were described as a straightforward execution of King's values, which is why we proposed that the Executor relies on a role relationship with the King (see the section on Team work below). That is why the Executor could never enter any type of relation with its King other than team work. What granted the Executor status of a distinguished type of voice (not identical to the King) is, firstly, the fact that participants themselves separated them from the King and gave them a unique name. That is the case of Tea's Actor (see example below). Secondly, we recognized that Executor has distinct competencies, that is, the practical, subordinate level of an ideology, consisting of knowledge on how to realize a certain ideology. The same way superordinate constructs control subordinate constructs in the Personal Construct Psychology - PCP (Kelly, 1955), we presumed that Ideologues use legitimation (see the section on Legitimation below) to exert effect on Executors and thus prevail over them. One additional observation is that one other type of voice can also have its own Executor, and that is the Process Modifier. Example of team work (see the section on Team work below) show how Jane's Executor, the Inspirer, creates a right atmosphere for the students to feel free to express their own opinions, which is what her King, the Teacher, values. Here is Tea's example:

When asked which voices go well together, Tea answered: It's the Educator, the Actor and the Psychologist. They are realizing the teaching process and they want to do it right, to bring the best results. They want to help the children. She described their relationship as follows: The Educator is the leader, he is on top of the pyramid, but all other voices have to participate, so they could help the Educator who is on the top. She elaborated on the role of the Actor: I also have to be an Actor, a circus performer... especially with these new generations, you know. For this group you put this mask, for the other group this other mask. ... The classroom is a kind of a stage, and I have to adjust to my public.

So yes, I change roles. As she described her King, the Educator, as the voice that values creativity and teaching through interaction, the Actor did not have distinct values and beliefs that we could discern from the King's - it appeared that they stood from the same things (see Appendix 1). The Actor's speciality was knowing which masks to put on to engage the students. For that reason, we understood him as an executive instance that allows the Educator to expand its repertoire of roles, performances, and tools contributing to successful teaching: Sometimes, to get the right answer, I pretend to play the piano, trumpet, guitar – I use mimics and movement to get them to answer correctly... you simply have to know exactly when you should act something out.

What follows is the concrete situation when the Actor helps the Educator to realize what's the most important for her: So, it is the end of the year, I have to finish the lessons, nobody listens to me, and I decide to tell them a riddle from the seminar. Only 2-3 kids heard me in that chaos and it blew my mind how smart and quick they were. ... Now, I completely wasted that class in a sense that I did not do what I planned. But my heart was full, I managed to calm them down, we had so many creative answers, even the most undisciplined and the least bright ones – everyone participated. (Tea)

Facilitator is in a role relationship (see the section on Role relationship below) with an Ideologue, which grants it the legitimacy to act upon the activities of exterior voices, and thus secure the conditions for this Ideologue to preserve or regain dominance/prevailment ("The Educator is the leader... but all other voices have to ... help the Educator"). Tea's case shows how actions of the Psychologist, the Facilitator, "prepares the ground" for the Educator, the King, to take over and pass down the knowledge. The Facilitator has its own point of view (e.g. on students and teaching) that is independent of the King's standpoint, and he realizes it in various situations. In other words, when the performance of a voice comes to serve the King, this voice assumes the function of the Facilitator, and we call this type of relation team work (see in the Relations sections). Because of that, the Facilitator is, just like the Executor, a part of the King's team.

It is important to note the difference from the Executor: While participants clearly distinguished the Facilitator's unique and well elaborated point of view, it was impossible to pinpoint the Executor's values and beliefs that would differ from those of the King. Additionally, while the participants reported on Executor's goals and actions as always fully compliant with the King's standpoint, their narratives suggested that what was in previous situation the Facilitator in the next situation could "criticize" the King or pressure him to change his performance. That's when the Facilitator stops helping the King and assumes the function of the Advocate (see the section on Advocate below), which the Executor could never do. Example of team work (see the section on Team work below) show how Jane's Facilitator, Ambitiousness, manages to get

students to cooperate in the teaching process, thus making them susceptible for the King, Teacher to take over the class. Here is Tea's example:

Tea mentioned the voice of the Psychologist several times throughout her narrative. Psychologist is: ...one piece of a puzzle. You have to adjust that curriculum to each individual student group, every group is different. ... She takes into consideration not just their behavior, but also their needs and wishes. And children react differently to the same things. Psychologist uses "soft" methods to elicit empathy from the students and make them susceptible for the Educator: When it's hellishly hot ... I say to them: "Maybe I have to go to the bathroom too; I am nervous too, maybe I am hungry. ... But let's endure until we finish the job." ... I can scream, I can start playing the piano loudly, but sometimes I want to get through them. ... I want to show them that I am not a Boogeyman, that I care about them. ... That I am not here to torture them, that we are all on the same side. ... It calms them down. As we understood it, the Psychologist brings another viewpoint on students that is compatible with, but separate from the viewpoint of the Educator. Additionally, Psychologist is interacting with the students in a way that makes it possible for the Educator to later take the stage. Psychologist here communicates the narrative of the Emotional (Protestor voice) to the students, but that only serves for the King to take over. (Tea)

Advocate is similar to the Facilitator in that it also has its own ideology, i.e., set of values and beliefs different from King's ideology that he tends to realize in various strategic situations. Participants' narratives suggested that, although important, this voice did not provide a sense of purpose nor had a team of voices that surrounded him, which distinguishes it from the Ideologue.³ That does not mean that this voice is weak. What differs the Advocate from the Facilitator is that, instead of "working for" the King (as the Facilitator does), the Advocate makes the King modify its performance to include what the Advocate stands for. This is possible because, as we have hypothesized, this type of voice is legitimized, for example, by the powerful discourse in the educational context or by the voice of an important other from the past personified by the dominant Ideologue. Advocate, thus, in general does not interact with the exterior voices. Instead, his ideology is realized through King's actions, which is another difference from the Facilitator, who regularly interacts with the exterior voices. Our presumption is that, in agonistic dynamics, the King has to accommodate what Advocate 'pushes for' in order for the King to maintain his own

³ In previous versions of the manuscript, we named this voice Minor Ideologue. However, given that this type of voice is not at the core of one's sense of professional or personal identity, we opted to change its name as to avoid the confusion with the category "Ideologue".

prevailment. As we mentioned, unlike any other function of voices that are subjected to the rule of trans-situationality, the Facilitator and the Advocate are interchangeable roles. That means that the same voice could assume the function of the Facilitator in one situation, but could switch it to the function of the Advocate in another strategic situation. Jane's Tutor is an example of the Advocate:

In Jane's case, The Teacher is the King, which personifies the narrative about learning based on experience and critical thinking: I mean, (it's important) that they not just memorize the facts, but to learn things that they will use later in life and things that will make them think. If you are open to new ideas, you give the students the chance to say their personal views and interpretations of the matter at hand. But not without arguments - I always say... If you don't like a novel or a chapter, you can always tell me that... but support your opinion with good arguments. However, Jane also had a voice of a Tutor: It is important to use the materials to teach children certain life lessons. When we asked Jane if the Teacher is doing the work, or the Tutor takes over the stage for a bit, she answered: The Teacher interacts with the students, but it also starts using the materials for character-building purposes. Hence, we understood Tutor as an Advocate, whose message Teacher hears and modifies its own performance to make students learn what is important to the Tutor (see the section on Cooperation below). Maybe it is because of my subject... but I have to admit that I do this often, especially when discussing literary works. I consciously do it because I see that new generations need to connect the curriculum with real-life situations.

So far, we have presented functions of voices that teachers saw as central for their sense of self in a professional context. Now, we will move to the voices that are ego-dystonic in a sense that they personify negative emotions, but also beliefs and practices that teachers feel either conflicted about or they see them as outright undesirable and even threatening to their professional identity. As we will see, King's successful prevailement rests on his ability to delegitimize and silence those voices in the majority of situations.

Illegitimate Facilitator represents a voice whose repertoire includes ways of realizing its own ideological position that are not legitimized by the Ideologue. This voice's ideology is a radicalized version of a certain Ideologue's position and is characterized by authoritarian, rough, harsh, and even humiliating communication with external voices. In case of Tea, she stressed that her Boogeyman was the opposite of the enthusiasm personified by her King, the Educator, and repeatedly expressed how repulsive the Boogeyman was, which we took as an indication that Illegitimate Facilitator's tools for realizing its own ideological position (for example, shouting) are

not legitimized by the Ideologue. It is a voice that participants felt the most conflicted about because they acknowledged its usefulness whilst at the same time accentuating its undesirability ("He creates negativity, a bad atmosphere... I would kick him out both from my home and from the classroom. But the kids need to learn that there are some rules, a system that they will need to follow later, as grownups... The Boogeyman is like a bad cop who has to put things in order. Law and order kind of voice"). When asked to describe these standpoints, teachers regularly talked about them in third person. Illegitimate Facilitator's prevailment is provoked by the situation in which the participants felt the delegitimation of the core values, which for Tea were the enthusiasm and the respect ("When I'm telling an interesting story and somebody talks behind my back... you start to feel insecure... When a child starts behaving as if we are friends, that throws me off the track").

As we have seen from teachers' narratives, these voices have derogatory names and personify feelings of frustration and (sometimes intense) rage. They seem to abruptly take over the scene and react aggressively in an impulsive manner ("One kid told me: "Teacher, do you yell like that at your own kids?... If you were my mom, I would be so scared of you". ... I realized that I was not aware of my behavior... It was more like a volcano eruption"). On the basis of that, we understood their ideology as founded on the principle of all or nothing, which acts like in a state of urgency, similarly to Kelly's (1955) regnant construct.⁴ As with Tea's Boogeyman, we recognized some similarities between the dominant Ideologue ("Grandma and grandpa were extremely strict, God forbid how strict they were, but they were respected and beloved") and the Illegitimate Facilitator, but the later seems to be a radicalized version of the former ("I remember when my grandma used to say: "If they don't listen to you, you should talk quietly for a bit, or stop talking shortly." Yeah, right, they would be the happiest if I stopped talking so they could have their fun. ... They [children] only react to something that is fast. And dramatic and dynamic").

Even though voices gathered around the King resist Illegitimate Facilitator it seems that this voice still becomes 'implicitly' legitimized, since its performance inadvertently secures the realization of Ideologue's position, which is why we decided to consider them a kind of facilitators. We find that Illegitimate Facilitators are also similar to Hermans' (2018) shadow positions, since

⁴ As an ideological position, our notion of voice most likely corresponds to a constellation of constructs (Kelly, 1955) that strives to realize its ideology in a complex situation of conflict between entities of unequal power.

they are positioned by other voices as destructive but have positive functions and carry a developmental potential. However, unlike with shadow positions, individuals see Illegitimate Facilitators as parts of themselves and justify their actions, while also emphasizing their undesirability. Here is another example of the Illegitimate Facilitator:

Ivone named one of her voices Witch. The Witch perceives children as unsocialized, misbehaved and it laments the lack of possibility to use various punitive measures in the school. It is ready to tell students off or to argue with them until students are left disarmed and speechless. She narrated the situation where the Witch appeared: I have a student who spends 6 hours a day on his phone on average... He explicitly told me that, and afterwards he did not bring his homework. That's when I felt the Witch awakening inside me... So, I told him in front of the entire class: 'You can spend 6 hours on your phone but you can't finish your homework?'. Teacher then narrated that after she left the classroom, she could hear other perspectives that were critical of the Which: This child is very quiet, he never fights with anyone nor he ever protests for anything. So after the class I started questioning myself: 'Did I act right regarding him? How would this affect this child?' Afterwards he brought his homework and he even started coming to the extra classes I taught... But this could have turned out negatively, for sure, because he is a sensitive and quiet child. We understood this response as belonging to the Subsequent Evaluator (see the section on Subsequent Evaluator below), who regularly appears after the class and in this situation echoes the voices of the Mother and the Friend, the Advocates which strongly oppose the Witch's harsh approach as they position it as possibly damaging for the students. In spite of the arguments about its negative effects, the Witch's performance recreates the atmosphere for the continuing of the teaching process led by the King who values fairness, strictness and class management skills. (Ivone)

Protestor personifies feelings of pressure, exhaustion, emotional rawness and vulnerability with the accompanying thoughts that what one is doing is damaging for one's long-term well-being. Alternatively, it represents beliefs regarding teaching that were diametrically opposed to the values and practices put forward by the King. Teachers generally considered it a personal weakness or tended to hide it, which is why it usually appeared later in teachers' narratives, and often was not easy to elaborate on.

Protestor is the most similar to the Advocate in a sense that they both have a unique ideological standpoint independent from the King. What differs him from the Advocate is that, as participants' narratives suggested, Protestor almost never influences the King or his team. He remains sidelined, in a position of resistance and in the relation of conflict with the King, without

the possibility to ensure the realization of his own standpoint. We proposed that, unlike the Advocate, the Protestor regularly fails to influence the King and his team because he lacks any kind of legitimation that stems, for instance, from the institutional context or from the dominant Ideologue.

When it comes to the differences between the Protestor and the Illegitimate Facilitator, the latter is characterized by impulsive takeover of the strategic situation, the interaction with the exterior voices and radicalized, rude or angry performance which results, however, in strengthening the position of the King. Unlike that, the Protestor interacts only with the internal voices, almost never prevails over them in order to put his ideology into practice, and always problematizes the King's ideology. Here's Tea's Protestor:

The Emotional is not only delegitimized by her King and the students, as the exterior voices, but also by her dominant Ideologue, the Family voice. When trying to elaborate on the Emotional, one of the first things Tea told us is: We should not show them ... what I am bringing from my life, from my family... No matter how tired I am, that's not their concern. That is my issue, not theirs. That's my job. I have to deal with it. Why would I tell them that and try to get their compassion? We identified this as the standpoint of her King, the Educator, who, in the internal dialogue with the Emotional, advocates enthusiasm and perseverance. We understood this as an indicator of how strongly the King but also the context oppose her and delegitimize her. We also connected that with the Emotional's delegitimation by the Family voice (the dominant Ideologue), as he is a personification of a traditional teacher who maintains that the teacher should not show emotions: They [grandma and grampa] were uptight and restrained.

When we asked her to try and describe what the Emotional is feeling or saying, she ironically stated: *The previous night I took care of my sick kids, sure, I'm fine*. Emotional is, thus, only indirectly, through irony, communicating the exhaustion. Tea's narrative further illustrates how students, as the exterior voices, delegitimize the Emotional: *They (students) say for the other teacher: "You can easily see when she is nervous – she must have gotten into a fight with her boyfriend". Look, they are the children, and I'm listening and thinking – that's appalling.* In her narrative, when students ask: *Are you ok, teacher?*, because *You can see it* [tiredness] *on my face*, she answers: "I'm fine", which Tea attributed to the Actor, who regularly hides the Emotional. (Tea)

Antagonists are a form of Protestors that we opted to mention separately because of their extremely negative ideological standpoint in relation to the King and disturbing implications. The Antagonist personifies an immense frustration, feelings of helplessness, personal worthlessness or futility of someone's efforts. We encountered them in the situations when teachers reflected on extreme

invalidation by their students or on the general state of their profession. The Antagonist questions one's personal or professional choices, with the alternatives of either giving up on trying to put effort ("Just do the bare minimum") or making dramatical changes, including leaving teaching.

As with the Illegitimate Facilitators, teachers gave them derogatory names, but, unlike them, Antagonists are seen as completely unwanted and harmful (Mina: "I don't like when the Revolter takes over. He starts questioning everything"). What distinguished them from the other Protestors is that the Antagonist appeared only after teachers leave the classroom, never during the class ("He is not there when I teach... Once I leave the classroom, he could show up and bug me"). We can see there that, at least in the case of teacher identity, the Antagonist's appearance is more dependent on the context change than other Protestors' or Illegitimate Facilitator's appearance. Additionally, unlike other Protestors, teachers extensively elaborated the Antagonist's standpoint. Further, the strength of the Antagonist's arguments comes from the fact that he shows up in the situation when the King is strongly undermined. Hence, participants reported that significantly more effort on their King's part was necessary to suppress the Antagonist compared to other Protestors. The example of such voice, which Olga named Real Life, is in the section on Conflict, and here's Tea's example:

Teas's Grumpy accentuates financial dissatisfaction, lack of respect for teachers and irrational administrative and other demands, which then produce strong feelings of frustration and pessimistic expectations: Sometimes I ask myself: "God, why did you choose to become a teacher?" ... (This is) some Grumpy voice... he is heavily influenced by the context, you know, the state in our society... the way the kids treat us, teachers, the way the parents treat us. ... It's all the paperwork, it is confusing....don't make fools of us, teachers. All of us are becoming more and more Grumpy, because we are pressured very hard.... I work over the norm. But then Grumpy shows up: Why do you do that? How much are you paid? I mean... After 13 years on this job, I fulfill 100% of my quota and I get paid 75%,.... (My grandparents) lived modestly but they were highly appreciated. Nowadays, not only can you barely make your ends meet, you don't even get the respect.... (Tea)

Finally, teachers' narratives suggested that they regularly engage in the reflective practice that helps them align their future actions with their values and goals, as well as to become aware of a perspective that has been sidelined by the more powerful voices. We have distinguished between two such functions: Process Modifier and Subsequent Evaluator.

Process Modifier is a voice that reflexively supervises the ongoing strategic situation ("Do I adequately follow the lesson plan?"). These "watchers" have a practice-oriented ideology ("I have to make sure that students are physically safe"), based on which they estimate the performances of other voices. Phenomenologically, they appear as self-examination and internal evaluation of one's actions and decisions according to the specified practical parameters ("Is this lesson's difficulty adequate for this class?"). Participants named these voices accordingly ("Controller, Evaluator") and described them in the form of questions they asked themselves ("Am I being too strict to this student?").

Even though some Process Modifiers also have its Executor, the most prominent difference compared to the King (prevailing Ideologue) is that Modifier's standpoint does not encompass core personal or professional values and it usually doesn't have its team of voices. Additionally, the Process Modifier never interacts with the exterior voices, e.g. the students. Teachers implied that Process Modifiers are valuable instances for their practice and are strongly influenced by them, which separates them from the Protestors. What was also apparent from the narratives is that the influence was one sided: While this voice modified other voices' performances, nobody could modify it back. That distinguishes the Process Modifier not only from the King but also from the Advocate. Finally, teachers often reported that the self-evaluation was not an easy, harmonious process, and the modification of the King and his team often did not go smoothly, but included some psychological discomfort (see the example below). Based on that, we proposed that this voice exclusively engages in relations of productive tension or conflict with the King and his team, unlike the Advocates who could also cooperate with them (see Relations section). Alexandra's case shows the tensic relation between her Process Modifier, the Controller as a Process Modifier, and her King, the Lecturer:

The Controller personifies the teacher's narrative about the importance of strict management of the teaching process and the responsibility for students' safety: Controller is the one that makes sure there is order in the classroom, so that it does not turn into chaos. He reminds me to always keep track of everyone and make sure that all students are safe, that nobody falls down the stairs, and the like. The Controller establishes productive tension (see the section on Productive tension below) with the Lecturer, an Ideologue which prefers interactive classes. As Alexandra reported, this relationship feels tensic because even in a smooth situation the Controller has to restrain the Lecturer who easily becomes influenced by the students when they push for more interaction and play. When this happens, Controlor pulls back the Lecturer: "Yes, but not 100% and not all the time". However, the Lecturer

easily forgets that: Because the Lecturer is happy that the children are participating. That's why the Lecturer at that point dismisses the Controller. He starts thinking that he is better and smarter than him. Since the Controller notices that the Lecturer is in danger of not keeping the order in the classroom and not actually finishing the lesson plan for the day, its relationship with the Lecturer easily turns from productive tension to conflict (see the section on Conflict below): When the Lecturer's authority disappears and boundaries are crossed, the Controller opposes him - "Enough, Lecturer, you are not in kindergarten. This is a school. The students came here to learn something, and you should help them do that. You should give them some kind of strategy". This maneuver of the Controller leads to the previous relation which ensures that the Lecturer keeps the appropriate distance towards students and successfully realizes the lesson plan. (Alexandra)

Subsequent Evaluator provides a subsequent evaluation of the outcomes of a strategic situation, based on revisiting it and reviewing it retrospectively. It shares many of the characteristics of the Process Modifier, which is why participants also described this voice using the metaphors of reflection and retrospective self-examination. Characteristics shared with the Process Modifier include that it interacts only with the internal or internalized voices (but not the exterior voices), cannot be modified and enters relations of productive tension and conflict (see Relations section). However, there are some notable differences. First, it never appears in the ongoing strategic situation, but takes the stage afterwards. Secondly, it only reflects the perspective of other voices. Some of them amplify the perspective of some powerful, prevailing ideology (see the example below). Others oppose a certain prevailing ideology by supporting the voice of resistance and highlighting the long-term negative effects of this prevailing ideology. In the latter case, participants named these voices by using the language of emotional and bodily states (e.g. sadness, fatigue or dissatisfaction). Finally, unlike Process Modifiers, participants described how it can reflect on several past situations with the same outcome, which serves to signal the need for some long-term adjustment or change.

Since Subsequent Evaluators amplify the arguments of different voices, they make sure there are no permanently silenced or marginalized positions. Subsequent Evaluators are thus similar to Hermans' (2018) meta-positions, except their role in overcoming conflicts and enabling the integration of the self. From our perspective, overcoming agonism is not possible. Here is Tea's example:

Tea's Evaluator subsequently reflects on the performance of her Educator, the King: Sometimes I fail to do everything I had planned, so I start asking myself what I could have done better, why I let someone be disruptive and what I can do to prevent that from happening again. Her Evaluator is a powerful voice that does not let her enjoy her successes easily: I'm severely self-critical. ... I'm never satisfied ... It's not good for me but I always manage to find a flaw in everything. The other day we had a project about M.M. and I was insanely nervous because I wanted to show off both myself, as well as the other colleagues and the students. ... It turned out to be very interesting, and, even though I was praised for it, and everyone said that it was great, I was not satisfied afterwards. Tea recognized that this trait runs in her family: I'm trying to fight this but I guess I'm just made that way. My grandma was the same way. That was instilled in me, my mother always spoke about that... She always read something new, up until she retired. As we understood it, the Evaluator hears and amplifies the ideological position of the dominant Ideologue, Family voice, that nothing is good enough. As a consequence, the Educator listens to the Evaluator and modifies its performance in order to improve on something previously detected as flawed. (Tea)

So far, we have discussed different functions that voices could assume, which outlines the structural part of our model. Now we proceed with the dynamics of the agonistic self. First, we introduce the concept of power relations.

Power relations

Forms of Exercising Power

Concept of power is indispensable for any theory of psychological dynamics founded on the principle of agonism. We substantially rely on Foucault's (1982) idea of power, who defined it as the ability to govern someone's behavior and to act upon the actions of others. While Foucault offered a clear-cut division into positions of power and resistance, which we initially adopted, our findings suggested that it is important to distinguish between *domination* and *prevailment* as two qualitatively different forms of power.

Domination is reserved for only one type of voice - it refers to a relatively stable "rule" of the dominant Ideologue who is, as participants described, an old voice and almost always originates from important other(s) from their past. This voice had a wide-ranging set of beliefs which were fundamental for their current value system and a sense of purpose. Participants suggested that much of what they do is aligned with dominant Ideologue's beliefs ("One complete teacher ...

should always work on improving themselves... I'm never satisfied... My grandma was the same way. That was instilled in me... (My mother also) always read something new, up until she retired"). From the point of our theory, that means that dominant Ideologue ensures that a large number of the legitimized voices implement its ideology or facilitate its realization. Also, beliefs and practices that our participants were strongly against run counter to the dominant Ideologue's standpoint ("I work over the norm... and I'm paid 75%. My colleagues say: You should only work as much as you are paid to. ... But I will never work like that. My grandma and grandpa... lived modestly but they were highly appreciated"). This suggests that domination leads to the relatively permanent delegitimation and suppression of opposing ideologies. As this voice represented 'deeply seated' values, we posited that it cannot be modified but only temporarily disputed. That does not mean that this voice is a 'dictator' who is never challenged, as we will later see. We have already mentioned how Tea's King, the Educator, heavily relied on the Family voice, which represents a collective voice of her mother's side of the family. Here is Mina's example:

Mina is an interesting case, because her dominant Ideologue, the Father, became a backbone for two important voices: the Teacher and the Friend. Here is how she described the Father: My father was also a professor. Lots of times I catch myself, as I'm talking with my students, that I'm explaining something to them just as my father used to explain that to me. I'm literally repeating his sentences. He was also very ambitious and strict but - which is totally contradictory - he maintained that everything is to be achieved with love. Just like the Friend, (he believed that) you can achieve anything if you provide understanding and support to the kids. The Friend, a voice which switches between the functions of the Advocate and the Facilitator, forms its own perspective under the strong influence of the Father's ideology. It's very important to me that the students can tell me everything, even some life-related things... Nowadays, what they miss the most is love. It's the sweetest thing for me when they feel loved and understood. The Teacher is the King that shapes the teaching practice. It also develops its own ideology, but it identifies with the part of the Father's ideology related to teaching: The Teacher... does everything by the book... ... It strongly opposes creativity because it succumbs to the old dogma on how you should properly teach. He wants order, work, discipline... He believes that, if you want tangible results, children need to see you as a figure of authority. In the teaching process, the Teacher most often interacts with the students and retains prevailment over alternative ideologies, as it is strongly legitimized by the voice of the Father. (Mina)

The relationship between the dominant Ideologue and other voices is similar to the relationship between core role constructs and the constructs subordinate to them (Kelly, 1955). Namely, core

role constructs are not influenced by subordinate constructs, while the use of subordinate constructs is always guided by the imperative of core role constructs' validation. However, unlike core role constructs, other voices come into conflict with the dominant Ideologue under different circumstances (for instance, see Acceptance with critique).

Prevailment is a relation in which a voice exerts a temporary effect on other voices' performance. Its legitimizing power is limited to a smaller number of voices, which means that it is smaller in scope and more easily disputed. Consider Tea's case: the Educator, the King, influenced only the Actor (Executor) and the Psychologist (Facilitator). Unlike that, the Family voice, the dominant Ideologue, legitimized a wider range of more powerful voices: not only the King, but also her Evaluator ("You should always work on improving yourself"), and the Boogeyman, the Illegitimate Facilitator ("Children should learn that there are some rules that they will need to obey as adults"). Secondly, in contrast to the dominant Ideologue, a voice can simultaneously prevail in relation to another voice and be dominated or prevailed by some other voice. Tea's King usually prevails over the students - exterior voices (implied by the fact that the teacher has the feeling that she succeeds in engaging them in educational interaction), and over its team (by making them "work for him"), but, also, he regularly prevails over his opponents - i.e. Protestors (he successfully suppresses the Emotional and Grumpy). At the same time, the Educator regularly complies with the Evaluator's imperative to always improve and searches for the ways to modify itself in order to fix detected flaws.

That brings up an important point regarding the prevailing Ideologue, i.e. the King. From the perspective of our model, it is important to note that the King is not a sovereign who can do whatever he wants and who every other voice subjects to, as we will further see. Not only is he heavily relied on the legitimation provided by the dominant Ideologue, but his interactions with the exterior voices (e.g., the students) are also regularly modified by other influential voices, like Advocates, Process Modifiers and Subsequent Evaluators. We argue that King's prevailment on the exterior voices depends on the fact that he adjusts and modifies his actions in accordance with influential voices' ideology. When the King fails to do so, conflict arises and another voice temporarily takes the stage, i.e. interacts with the exterior voices.

The effects of exercising prevailment can be twofold: 1) A voice (i.e. modifier) can modify other (i.e. modified) voices. A voice that prevails over exterior voices manifests itself in externally

visible behavior. In Tea's case, the Educator, her King, prevails over the Actor (the Executor), but, also, over the children (the exterior voices). 2) A voice can silence another voice, like in the case of exercising dominance, but the silencing effect of prevailment is more temporary. As we have previously seen, the Educator and his team consistently manage to silence the Grumpy, Tea's Antagonist, but it is a constant battle in which deep dissatisfaction personified by the Grumpy seems to occasionally overpower her enthusiasm and love for profession which Educator represents ("All of us are becoming Grumpy more and more... I love it (my job) and...I work over the norm. But then Grumpy shows up: Why do you do that? ... I fight against windmills, I try not to be Grumpy......But you should be very strong."). Here's Alexandra's case:

Alexandra's King, the Lecturer, personifies the values of interactive teaching and closeness to children. Her Controller, the Process Modifier values organization and adherence to the curriculum. Thanks to productive tension, the Controller modifies the Lecturer, who, then, adapts his interactive methods to still achieve learning outcomes. That way, Lecturer maintains its prevailment over the students, the exterior voices: It's noisy, for example, during group work. Now, some children can work under such conditions, but it bothers others, they cannot concentrate to do their task... The Controller is the one who has to constantly think about those children for whom it's annoying. Also, the Controller has to remind the Lecturer to parade there to calm students down and organize them, to caution them to raise two fingers, and to listen to the group.

However, when children grant legitimacy to the Lecturer by enjoying interaction, the Lecturer prevails over the Controller who is no longer able to modify the Lecturer. Hence, the Controller becomes sidelined. That leads to total disorganization, which creates the opportunity for the Screamer, the Illegitimate Facilitator who prefers strictness to establish control over students, to take over the scene: The Lecturer fails to manage the situation in the sense in which the Controller wanted... Chaos arises, and then the Lecturer itself is confused, scared, and it doesn't listen anymore. The Controller doesn't have any special power, and then the Screamer appears. And since the Screamer is inherently ugly to the ear, the Controller quickly musters the strength to overpower the Screamer. As we can see, the Screamer takes advantage of the change in power to use its means for ensuring order: So the Screamer wants to ...use shouting to make them understand... The short-term prevailment of the Screamer leads, however, to the resistance of numerous influential voices as its performance runs counter to their ideology, which weakens the Screamer. In that situation, the resistance of the Controller becomes effective, and he manages to prevail over the Screamer with the rhetoric of moral objection to endanger the welfare of children: 'No one has to listen to you shout. They are children. You may scare a child.' The Controller attacks the Screamer and literally forces it to stop. (Alexandra)

Resistance represents the freedom of a voice to act in a way that is not legitimized by the dominant/prevailing voice. Our model posits that whenever a voice is not in a position of prevailment, it is in a position of resistance toward a prevailing voice, i.e. in the search for ways to overthrow it and gain the prevailment itself. We have seen how, as soon as the Tea's King, the Educator, gets delegitimized by the students ("When I'm telling an interesting story and somebody talks behind my back...that throws me off the track"), the Illegitimate Facilitator, the Boogeyman, grabs a chance to take over the scene and restore the order its way ("They only react to something fast. And dramatic and dynamic... [My reaction] was like a volcano eruption").

Resistance can be viewed as a dimension, considering its intensity, and what is important to note are the extremes. At the one end is the already described *silencing* of voices, which means that a voice's resistance is severely weakened by other voices and thus muted. Tea's case shows how, whenever she enters the classroom, the Grumpy (Antagonist) is consistently silenced by the prevailing Ideologue, i.e. the King and his team ("Grumpy is not there when I teach, I leave him outside the classroom... when he gets ahold of me I manage to quickly chase him away"). At the other end, there is a phenomenon of *increasing resistance* - arguments of the voice of resistance start to more actively undermine the dominant ideological position, but they fail to reverse the power relations or modify the performances of other voices. As we have seen, Tea's Emotional occasionally shows on her face ("You can see it sometimes... Students ask: "Are you ok, teacher?""), which runs counter the Educator's standpoint ("We should not show them that part of ourselves"). The Actor executes King's ideological position and consistently manages to hide the Emotional ("I respond to them: "I'm fine"").

Once we delineated our apprehension of power, we wanted to elaborate further how the exertion of power occurs. In answering this query, we worked out the concept of practices for exercising power and resistance.

Practices for Exercising Power and Resistance

We conceive of practices as ways of maintaining or asserting dominance/prevailment or exerting resistance in a strategic situation. On the basis of their purpose, we have distinguished between two *practices* - legitimation and delegitimation. The notion of these practices comes from Taylor's (1985) idea of the strong evaluation and Davies & Harré's (1990) idea of positioning. When a

voice evaluates the other voices within the moral system and labels them as virtuous or vicious, noble or base or socially useful or harmful, with the goal of supporting or undermining them, we will say that it practices legitimation or delegitimation. Participants' narratives do not show them explicitly. Instead, they are implied in participants' arguments for the decisions they made and the actions they took, as we will argue in the examples below.

Practices for exercising power and resistance rest on the concept of *compatibility* of ideologies. Compatibility refers to the degree to which two ideological positions can be realized simultaneously. The compatibility of ideologies makes it possible for a voice to modify its performance and partially realize the ideology of another voice. By extension, if ideologies are not compatible at all, that means that a voice cannot partially realize the ideology of another voice

Legitimation happens when the voices' ideologies are *compatible*. Participants' narratives suggested three situations in which legitimation occurs.

- 1) The dominant or prevailing voice uses its ideological position to promote the purposefulness of the ideology of another voice. In Tea's case, we have seen how her dominant Ideologue, the Family voice, strongly legitimizes her Subsequent Evaluator ("I'm severely self-critical. My grandma was the same way. That was instilled in me"). The Emotional, Protestor, argues ("It's not good for me") but, backed by the Family voice, the Evaluator wins the argument and then manages to influence the Educator to search and improve on detected flaws ("I'm trying to fight this but I guess I'm just made that way"). As the example shows, voices which are legitimized by the dominant/influential voice are much more likely to assert their prevailment and influence the behavior. Further, our assumption is that the legitimation is a two-way process. This means that dominant (/influential) voices get legitimized back, thus ensuring the realization of its own ideological position. For the example of the first situation of legitimation see the example in the Dominance section.
- 2) Participants' narratives pointed to two other sources of legitimation. One of them is an exterior voice, who can validate the purposefulness of the ideology of an internal or internalized voice, which leads to the realization of the position of this legitimized voice.
- 3) The third powerful source of legitimation is context, which legitimizes certain voices by predetermining which voices are more valuable or useful. These empirical evidences brought up our theoretical conception of the strategic situation, which, as we conceive it, includes not only

internal and internalized voices, but also entails exterior voices (i.e. other people which are idiosyncratically refracted in the self, see Introduction) and the social context (through material cultural products, rituals, procedures, norms, and values). By implication, even though relations (see the next section) can only be established among internal and internalized voices of the self, our concept of strategic situation means that both exterior voices and the context can have a legitimizing or delegitimizing effect on internal and internalized voices of the self. Whether the internal or internalized voice will be (de)legitimized depends on the compatibility between the dominant ideology of the context/external voices on the one hand, and the ideology of the internal or internalized voice, on the other hand⁵. The legitimizing effect of the institutional context will be further specified later. Ruth's example shows the latter two sources of legitimation (context legitimized Ruth's internal voice, the Motivator, by providing a particular type of textbook, and exterior voice of students later also legitimized the Motivator).

Ruth's King was the Lecturer, who personifies the traditional approach to teaching: He [The Lecturer] provides a skeleton, some sketch, and the Motivator is the spice [i.e. important addition which adds flavor, but not the main thing]. The Motivator, Advocate, preaches perseverance and importance of critical and divergent thinking: It is important for them to learn some facts, but for me it is very important that they think, that they make mistakes and from those mistakes arrive at what is correct... They should learn to see where the problem is and to solve it, so they can learn that life means trying, not giving up. Just like in sports - you love it, it's hard but you overcome obstacles, not everything is beautiful and interesting, you discipline yourself, you find your own motivation. Ruth's example shows how the order of power between the two voices - in her case the Lecturer and the Motivator can be reversed, when one of the voices, in her case the Motivator, gets legitimized by the two other constituents of the strategic situation: institutional context and exterior voices. Namely, the availability of a textbook that corresponds to the interactive and modern approach encourages teaching practices and values personified by the Motivator and thus legitimizes this voice who now becomes stronger in relation to the Lecturer. That enables the Motivator to suppress the King, and to conduct the teaching practice on its own by relying on the legitimacy granted by the educational context, that is, the textbook as its product: Now we are going through something completely new in fifth grade. The spiral system of knowledge by thematic areas is different, there are no plants and animals. ... This year I took a textbook that is full of instruments of all sorts and without definitions.

⁵In the Introduction section we defined context as "a pre-existing plane" of various value orientations, with the addition that some value orientations/ideologies are more valued in a particular institutional context than other ideologies. This idea is not new - it rests on Faucault's analysis of the practices underlying the dominant discourses and the discourses of resistance (Foucault, 1979).

Likewise, the exterior voice of students further enhances the Motivator's legitimacy, since students positively react to innovative teaching practices: *I've noticed that there are fifth-graders who are enthusiastic about it and highly receptive to this style of teaching.* This process of suppression of the Lecturer by the Motivator is also an example of delegitimation practice, which we further discuss (Ruth).

Delegitimation happens when the voices' ideologies are *incompatible*. It refers to the efforts of one voice to bring into question other voices by positioning them as morally problematic. Delegitimation manifests itself as follows: 1) A voice undermines the position of other voices by placing them in the context of socially problematic categories of being harmful, outdated, inapplicable, and unacceptable in the given institutional context. Tea's case shows how her Educator, the King, delegitimizes the Boogeyman, Illegitimate Facilitator ("He creates negativity, a bad atmosphere... I would kick him out"). Also, in the Prevailment section, we have seen how Alexandra's Controller, Process Modifier, delegitimizes the Screamer, Illegitimate Facilitator ("No one has to listen to you shout... You may scare a child"). 2) An exterior voice undermines the position of internal voices by bringing into question the status of their moral and professional virtue. Tea's case shows how the Emotional, the Protestor, is delegitimized by the students. 3) Context, as well, may regularly delegitimize certain voices.

As we have seen, our model presupposes that a sense of self is shaped by one central voice, the prevailing Ideologue, i.e. King, as well as the numerous other standpoints that could have various functions in relation to the King. We have further argued that the nature of power is more convoluted than previously theorized, which implied the intricate nature of the King's position, contrary to the idea of one all-powerful and never challenged perspective. To further sharpen this picture, we proceeded to delineate the character of interactions voices could participate in. This section completes our current ideas on the dynamics of the agonistic self, and it will be focused on, but not limited to, the King's relations with voices who assume other functions.

Types of Relations Between Voices

Our initial crude ideas regarding voices' interactions that orbited around the dimension "cooperation-conflict" were subsequently developed through a thorough analysis process, and we have finally landed on a six-item categorisation system presented below. As we will see, the

functions of voices and their relations are co-implicative. For instance, team work is possible only between the King and the Executor or Facilitator, and identification is possible only with the Ideologue. This does not apply to the conflict, which could ensue between the King and almost all other functions (see the section on Conflict below).

Types of relations can be distributed along the dimension of degrees of *compatibility* of ideologies (Table 2), which is the concept that we previously defined (see Practices for Exercising Power and Resistance). The second concept that we will use to define and distinguish between the relations is *the range of convenience*. Originally created in the PCP (Kelly, 1955) in our model it refers to an area of application of a particular voice. For example, the voice of the Psychologist deals with the needs and feelings of the students and not teaching or grading, which is the range of convenience of the Teacher. The concept of range of convenience is introduced in order to explain why the King was forced to "use the services" of a Facilitator (in team work relation) and enter different relations with other voices. Why wouldn't the King do everything himself, so a person would not need as many other voices in her professional practice? Based on participants' explanations, we posited the hypothesis that the King was not able to simply do what those other voices did because it did not have an appropriate range of convenience - the King's range of convenience was typically teaching, while for everything else it was forced to "lend" the services of other voices.

Table 2. Types of Relations Between Voices According to Compatibility and Range of Convenience

Rela	tion Type	Compatibility	Range of Convenience
Ide	ntification	Full compatibility	Same
Acceptan	ace with critique	Partial compatibility	Same
Team work	Executive relation	High compatibility	Same
	Facilitating relation	High compatibility	Different
Cooperation		High compatibility	Different

Productive tension	Partial compatibility	Same or different
Conflict	Incompatibility	Same or different

The relations to be presented here could be viewed as mechanisms for self-regulation. Our model proposes that these mechanisms represent different ways of realizing two conflicting principles of organizing relations between the voices: 1) *the tendency towards dominance* – the tendency of voices to gain supremacy over other voices and 2) *the tendency towards pluralism* – the tendency of voices to persevere and realize themselves within the multi-voiced strategic situation.

Identification is a relation in which a voice adopts the ideology of an Ideologue but, over time, it develops its own independent standpoint but continues to have the same range of convenience. Participants recognized that some of their current views, traits and values were modeled after their important other(s), or reported on similarities two of their voices shared. In the example of domination, we have seen how both Mina's Teacher, the King, and Friend, the Advocate, identify with the Father's voice, which is the dominant Ideologue ("Lots of times I catch myself, as I'm talking with my students, that I'm explaining something to them just as my father used to explain that to me. I'm literally repeating his sentences."). In almost all cases, the voice that the other voice identified with was the dominant Ideologue. Based on our participants' narratives, we formulated three criteria that need to be met in order for a relation to be defined as identification: 1) the voice that acts as the role model personifies the positions of important figures or wide-ranging personal beliefs; 2) the voice that acts as the role model is developmentally anterior in relation to the voice that identifies with it; and 3) the relation is transsituational, stable, and long-lasting. In the relation of identification, the voice that identifies with an Ideologue further elaborates its position but does not bring into question any aspects of the role model's ideology, which differentiates this relation from acceptance with critique (see the section on Acceptance with critique below). Here's Jessica's example:

Jessica is a young teacher who vividly remembers her first teacher when she was growing up: When I talk with the kids, I often recall my class teacher. I ask myself: "What would she say now?... For her, fairness was a key. She was somebody who was very strict, but impartial. You always knew what was going to happen if you broke the rule, because she came through every time. She later named this dominant Ideologue Teacher's voice of fairness, and it became the backbone of her voice Level, Process

Modifier which was extremely oriented towards impartiality: I try to be fair towards the kids, to not have any favorites. I want them to get what they have earned. I truly aspire not to do wrong to any child and to give everyone a fair shake. Also, the Level expands its standpoint by orienting towards finding the optimal level of difficulty for the students: Not to overwhelm them with new and difficult information, but also not to make stuff too easy if they are already familiar with it. In the challenging situation when a parent wants her child to get a higher grade than what Jessica considered fair, it argues: I will listen to the parent, but I will not change what I already estimated as a knowledge level of the child. ... It won't happen, just because of someone's partial judgment and a pressure he puts, that the Level caves and changes what is already decided. From the perspective of our model, this means that the Level prevailed over the parent (the exterior voice), backed by the dominant Ideologue's legitimation. (Jessica)

Acceptance with critique is a relation between two voices, one being the dominant Ideologue and the other one being a source of purpose (rarely: an Illegitimate Facilitator). The second voice partially identifies with the position of the dominant Ideologue and has the same range of convenience as that voice (in Tea's example - teaching). However, unlike in the case of identification, this voice opposes some aspects of the dominant Ideologue's standpoint, hence undermining it. This type of relation is visible in the Illegitimate Facilitator section. Here is Tea's example of the relation between two Ideologues:

Tea's King, the Educator, distinguished between what is valuable for him in Family voice's ideology, like the values of a just, esteemed, and beloved teacher, and what should be discarded and replaced with more modern beliefs and practices: It was completely different back then, so I cannot rely only on them, but it is probably something that was instilled in me, some values that we all need to nurture, and that children need to learn and respect. Grandma and grandpa were extremely strict, God forbid how strict they were... Educator is not strict and firm...If you look at the tradition – grandma and grandpa taught frontally, they talked and the children were quiet ... My Educator has to learn new stuff, to expand his knowledge. I don't like to teach frontally, that is outdated, and not good with these new generations... I think that the times have changed... Children no longer treat us the same way and I think that they would not be able to handle it. That is why I have to play roles [the Psychologist, the Actor] that are different from theirs. This is why we named this relation acceptance with critique.

Other than conflict, any relation of some voice with a dominant Ideologue is either identification or acceptance with critique. Both identification and acceptance with critique can be seen as mechanisms by which dominant Ideologues persist with the help of the safety belt provided by the

new voices, as new elaborations of the old values. Without these relations in service of healthy self-regulation, strategic situations would be characterized by the rigid domination of a single Ideologue, which would prevent the influx of new perspectives, or by a radical rupture or overthrow of the old ideology in favor of the new one. Compared to identification, acceptance with critique means that a voice moves further away from the old values in order to keep up with the changes brought up by modern times. As for the newer voices, identification is one way to secure legitimation for themselves, which enables them to assert their prevailment over some third voices. Dominant/influential voices get legitimized back, thus securing their continuity in the everchanging self.

Team work is a relation between the King and the Executor or the Facilitator, in which the latter interact with the exterior voices in order to help the King actualize its values. Voices that enter teamwork make King's team. We posited that team work is based upon what Kelly (1955) conceptualized as role relationship: a voice epistemologically takes the perspective of another voice and examines its desirable courses of action as well as the expectations this position has from the first position (the one entering the role relationship). Role relationship can be seen as a social strategy opposite to positioning, as positioning involves labeling others instead of taking their perspective. Entering role relationship enables the Executor and the Facilitator to 'acknowledge' the legitimacy of the King's ideology and to ensure the legitimation of their own actions by referring to the King's ideology.

We recognize two forms of team work – executive and facilitating. The executive form of team work is characterized by the straightforward execution of King's values by the Executor, and teachers' narratives show that it is more permanent, i.e. transsituational. In the facilitating form of team work, the Facilitator interacts with the exterior voices in order to prepare the scene for the King to take over and carry through with his values and goals. In the executive type of team work, the King "uses" the Executor with whom he shares the range of convenience but the Executor has the competences that the King lacks. In the facilitating form of team work, the Facilitator has not only his own competences different from the King's, but it also has a different range of convenience. This is what enables the Facilitator to prepare the scene for the King to take over and start teaching. Tea's case demonstrates both forms of team work. Her Actor has the skills to execute the Educator's (King's) ideas on teaching ("I have to be an Actor, a circus performer...

The classroom is a kind of a stage, and I have to adjust to my public... Sometimes, to get the right answer, I pretend to play the piano, trumpet, guitar... you simply have to know exactly when you should act something out"). Tea's Psychologist "prepares the ground" for the King ("When it's hellishly hot... I want to show them that... I care about them. ... That I am not here to torture them, that we are all on the same side. ... It calms them down. ... let's endure until we finish the job."). Facilitating form of teamwork is less stable, because in a new strategic situation the Facilitator could switch to the function of the Advocate and cooperate or even get into conflict with the King. Here is Jane's case, which also shows both forms of team work:

As described in the Advocate section, the Teacher is Jane's King, which personifies the values of the experience-based learning and critical thinking. Teacher's ideology is supported by the actions of the Inspirer as its Executor, who uses its skills to give the impetus to students to express themselves freely: You have to do all that in a good atmosphere which is motivating for them and cultivates their spirit of curiosity... For them to come up with new ideas, feel free, and simply voice their opinions... you have to be the Inspirer. The Ambitiousness is Facilitator which is also a part of King's team, and it personifies the ideology of perseverance, competitiveness, and setting ambitious goals. When students don't put enough effort in learning school material the Ambitiousness starts interacting with them: I ask for the maximum dedication, preparation. It means giving your best. It means full investment... You need to explain [to the students] what covness is and why it was considered a virtue in girls⁶. You analyze the poem verse by verse and go back to that time and explain... to the point you can feel the sweat dripping down your back. That way, you bring them along for a ride with you and you can feel them going back and thinking about it. By bolstering children's perseverance and ambitious goal setting, the Ambitiousness prepares them to answer to the Teacher's requests for argumentative dialogue and critical thinking: [It's important] that they not just memorize the facts, but to learn... things that will make them think. It will aid them develop as persons, not just as students... But if you don't like a novel or a chapter, you can always tell me that... but support your opinion with good arguments. (Jane)

Team work can be viewed as a mechanism for supporting and realizing Ideologue's standpoint in conditions in which this standpoint is exposed to an increasing number of new ideological positions and social contexts. Through this process the new voices become Facilitators of the older voices. Likewise, team work between the King and an Executor represents a way to realize an

⁶ The teacher was talking about a folk poem emphasizing a girl's virtues in a patriarchal society.

important ideology by relying on newly developed competencies and the concrete ideologies of know-how.

Now, we move to the discussion of the two types of King's relations in which the tables have turned. Unlike in team work, in cooperation and productive tension the King is forced to change its interactions with the exterior voices in the way which suits other influential internal or internalized voices.

Cooperation is a relation between the King (modified voice) and the Advocate (modifier), with whom the King has compatible ideology but with a different range of convenience. Cooperation means that, in order to preserve the ability to prevail over exterior voices, the King (and his team) modifies its performance and actualizes both Advocate's and its own ideology. For that, we postulate that the King uses role relationship, which suggests that even a relationship that could be considered synonymous with openness to the perspectives of others represents an element of a wider strategy for maintaining power (Džinović, 2020). In Jane's case presented in the section on Advocate, we have seen how the Tutor manages to influence the Teacher to change the way it lectures ("It is important to use the materials to teach children certain life lessons... but I have to admit that I do this often... it is because I see that with the new generations I need to connect the curriculum with real-life situations."). Note that, unlike in Team work, the voice which is in cooperation with the King is not interacting with the exterior voices. As Jane's and other participants' narratives suggest, cooperation is phenomenologically manifested as a generally harmonious process, where different standpoints were in accord and complemented one another. We assume that cooperation is established when the King can use its competencies to realize certain aspects of the Advocate's ideology.

However, when that is not the case, conflict ensues. Namely, when Jane's Teacher failed to pass character building messages to students, Tutor entered the conflict with the King, temporarily sidelined the King, and engaged in interaction with the students itself in order to actualize its values ("When I see behavior that is unacceptable to me, or generally, it contradicts the culture of dialogue and good mannerism, I admit that I lose the whole class just to talk with the students and make them understand"). On the basis of that, we posited that the Advocate is an

influential voice who has an independent source of legitimation, and that the King is in danger of being delegitimized if it does change his actions in accordance with the Advocate's values.

Productive tension is a relation between the King (modified voice) and one of the modifiers: The Advocate, the Process Modifier or the Subsequent Evaluator, with whom the King has only partially compatible ideology. As in cooperation, the King (and his team) is forced to modify its performance in order to actualize both modifier's and its own ideology and we posit that, to achieve that, the King relies on role relationship with the modifier. As in cooperation and unlike the team work, the voice which is in cooperation with the King is not interacting with the exterior voices. Alexandra's case in the section on Process Modifier shows how her Process Modifier, the Controller, has to constantly restrain her Lecturer, the King, in order to keep him focused on maintaining the order and finishing the lesson ("Because the Lecturer is happy that the children are participating.", but the Controller pushes back: "Yes, but not 100% and not all the time... The students came here to learn something").

Productive tension makes it possible for two ideologies that are only partially compatible and would potentially lead to mutually exclusive courses of action to realize themselves simultaneously through a relatively coherent form of behavior, which makes it psychologically crucial for establishing relatively stable dynamics as an indicator of good self-regulation. However, participants' narratives pointed to the phenomenological sense of tension in this type of relation, which distinguishes it from cooperation ("The Controller has to constantly be there to remind him that the boundaries should not be crossed. He has to regulate him [the Lecturer], he does not allow for the order to be lost").

Based on that, we posited that this temporary coherency does not lead to a permanent reconciliation of ideologies, which means that productive tension could switch to conflict even more easily than cooperation. Alexandra's case shows how the Lecturer, when highly legitimized by the students' responsiveness, pushes the Controller aside ("The Lecturer at that point dismisses the Controller. He starts thinking that he is better and smarter than him"), and how the Controller fights back ("Enough, Lecturer, you are not in kindergarten.... This is a school.... You should give them some kind of strategy"). For the detailed example of the productive tension, see the Alexandra's case in the section on Process modifier above. As for the Advocates, teachers'

narratives suggested that often the psychological voices modify the King's interaction with students, which results in the approach that is more sensitive to students' psychological state.

Both cooperation and productive tension represent the manifestation of the flexibility of the self and the personality. Without them, the dynamics of the self would be categorized by the exclusive domination of a single ideology or the eternal state of being torn between irreconcilable perspectives.

Finally, we will discuss the relation in which the perspectives are irreconcilable - conflict. Our findings suggest that, with the exception of voices comprising the King's team (team work relation), and the dominant Ideologue that King identifies with, all voices could enter conflict with the King. This, from the perspective of our model, points to the agonistic nature of the self-incontext. Given its prevalence, we will distinguish between different functions conflict might have.

Conflict is a relation between two incompatible voices whose ideologies lead to mutually exclusive courses of action and thus delegitimize each other. Conflict appeared in teachers' narratives as the strong opposition between voices. We have recognized conflict when teachers described how one voice strongly criticized the other and pointed out its flaws. Consider Mina's case. When the Enlightener, the Advocate who supports modern teaching methods and "creative chaos" make "a fiasco" of a class, the Teacher, her King who is traditional and strict, strongly criticizes it: "[What happens is] a big disappointment. The Teacher scolded the Enlightener. He asked him: How could you allow such failure? Methods you implemented are not efficient."

Also, Alexandra's case shown in the section on Prevailment shows how strongly her Process Modifier, the Controller, opposes her Illegitimate Facilitator, the Screamer, who shows up to harshly restore the lost order in the classroom ("The Screamer then takes over and starts yelling. But it's making the things worse, he heightens the nervous energy. The Controller attacks the Screamer: Why would anyone listen to your shouting?....You may scare a child!"). As we have seen, conflict results in one voice being temporarily completely sidelined ("The Screamer sounds awful...The Controler literally forces the Screamer to stop yelling at students: You won't achieve anything by yelling at them. He pushes the Screamer away)". Note one another difference between the productive tension and conflict: While after the tensic dialogue between voices the King "caves" and the actualisation of both standpoints ensues, in conflict only one voice manages to

realize what it stands for. We note the dual function of conflict between voices: It could be a mechanism for (1) maintaining domination/prevailment, or for (2) reestablishing the multivoicedness.

The first pertains to defending influential voice's standpoint, where the tendency towards domination is manifested. In this context, conflict can be: (a) a long-lasting relationship or (b) a sign of the temporary "crisis dynamics".

(a) A habitual, long-lasting relationship between the Ideologue and Protestors, which need to be continually suppressed in order not to undermine the sense of purpose personified by the Ideologue. In Tea's case, we have seen how her King, the Educator, habitually silences her Protestor, the Emotional ("We should not show them ... what I am bringing from my life, from my family... No matter how tired I am, that's not their concern"). Also, the Educator regularly suppresses Tea's Antagonist, the Grumpy ("I love it [my job] and when the Grumpy gets hold of me I manage to quickly chase him away... I hate the proverb: "How much money, that much music"... I will never work like that"). Olga's case shows the example of a long-lasting conflict with the Antagonist:

In Olga's case, I Without a Mask is the dominant Ideologue, which personifies enthusiasm and love for the profession. It is in a permanent conflict with the Antagonist, the Real Life, which personifies the narrative about dissatisfaction with the current state of the teaching profession. After the class in which students are disinterested or act inappropriate in class, the Real Life's legitimacy is enhanced. Thus, the Real Life challenges the I Without a Mask: Alright, Olga, they keep misbehaving, so why not just quit? You are young, find a better-paying job, somewhere where you will be valued and respected. The I Without a Mask emphasis its core beliefs: I love my job so much that I am not sure I would do any other job half as well. ... I would not be interested in the work I do, not really, not from the heart. This enables the I Without the Mask to suppress the dangerous Antagonist and to maintain dominance. (Olga)

- (b) 'Crisis dynamics' occurs when a Protestor or an Illegitimate Facilitator temporarily prevails and its suppression becomes the priority. We have seen that in Alexandra's case shown in the Prevailment section and discussed in the paragraph above, when the Controller (along with some other voices) strongly opposes the Screamer, Illegitimate Facilitator, because of the inappropriateness and potential harmfulness of his methods.
- (2) Conflict can also function as a means for establishing the multivoicedness. This happens when the usual dynamics of multivoicedness in which two influential ideologies find a

way to realize themselves simultaneously, either through productive tension or cooperation, becomes disturbed. That occurs when one voice becomes stronger in relation to the other and is thus no longer influenced by the other voice. Then, multivoicedness temporarily ceases to exist as only the stronger voice actualises its standpoint. The Alexandra's case shown in the section on Process Modifier demonstrates how the Lecturer gets legitimized by the students ("Because the Lecturer is happy that the children are participating") and dismisses the Controller ("He starts thinking that he is better and smarter than him"). In such situations, through conflict ("Enough, Lecturer, you are not in kindergarten"), the other voice reestablishes the dynamics in which both ideologies are realized, which ensures the plurality of perspectives.

Lastly, we will discuss the effect of the context, as the third and the final element of our tripartite model.

Institutional context

Even though we were strongly influenced by the cultural approaches to the self and explicitly relied on Faucault's theory of the development of subjectivity, we did not intend to empirically tackle the effect of the context in this paper. However, our data suggested that the development and the current dynamics of the self could not be completely understood without considering the context's influence. We have distinguished between two ways in which the **institutional context** shapes the dynamics of the agonistic self: 1) formatively and 2) through legitimation.

1) As we conceptualized it, the context is *formative* in relation to the self in the sense that it predetermines the positions of subjectivity that can be appropriated (and voiced). What we have additionally posited is that context also predetermines the relations between the positions of subjectivity, which means that these relations can be appropriated as well. This influence of the context is evidenced by the finding that the most common strategic situation in all teachers was the one in which the voice of the Teacher was the prevailing Ideologue, while the voices of the Tutor, the Psychologist, and the Animator performed the functions of Facilitators/Advocates or Executors. It is clear that educational institutions offer all of these positions, but prioritize the professional practices the Teacher voice personifies. Such dynamics could be understood as the reproduction of historically established predominance of pedagogical over psychological

discourses in educational institutions (Džinović, 2010). Also, we have seen that participants' Antagonists have fairly similar disturbing narratives regarding the strong downsides of the teaching profession. This could be conceived of as the consequence of the fact that the context allows for the position of a dissatisfied teacher who has the right to feel frustrated and/or helpless given the pressures she is under and to consider making radical life changes. What supports this thesis is the observation that most of the participants formulated the voice "Other teachers"/"Some colleagues" whose main message was that the best coping mechanism is to minimize the efforts (Tea: "My colleagues say to me: You know what? You should only work as much as you are paid to").

2) However, our data show how the context can also influence the ongoing dynamics of the strategic situation. Namely, temporary influential discourses within a context can *legitimize* or delegitimize one of the previously appropriated positions of subjectivity. As we have discussed in the section dedicated to legitimation, Ruth's case shows how her Advocate, the Motivator, managed to suppress the King, the Lecturer, after the change in context occurred. Namely, the provision of a new textbook, which was written in accordance with Motivator's modern approach to teaching, gave the legitimacy to the Motivator to temporarily push the King aside and to singularly shape the teaching practice ("This year I took a textbook that is full of instruments of all sorts and without definitions... For me it is very important that they think, that they make mistakes and from those mistakes arrive at what is correct"). Note that, in this case, both standpoints already existed as parts of the teacher's identity. What the context did through its material product is that it changed the order of power between them.

DISCUSSION AND CONCLUSION

In previous sections, we provided a description of the dynamics of the agonistic self, which heavily relied on interpretative tools for understanding social dynamics, such as the ones employed by Hermans (2018). However, we extended this interpretative framework by accepting Foucault's (1979) argument on the role of struggle for dominance in producing human subjectivity. We believe that we respond to the need for new methodological tools Raggatt and Weatherly (2015) pointed to.

Our findings validated some of Hermans' categories that refer to the functions of the voices such as the meta-position and shadow position. However, we confirmed our assumption that focusing on power as a key feature of the dynamics of the self contributes to a more comprehensive understanding of the dynamics, compared to the predictions of Hermans' (2018) model. We mapped a larger number of *functions* that voices can perform and a variety of *relations* between them. Moreover, we mapped an additional *form of exercising power* - prevailment, which represents a short-term and limited form of dominance. To specify forms of exercising power, we identified *practices* through which voices obtain or maintain prevailment/dominance, or exert resistance in a strategic situation. The result of our efforts is an interpretative system that we hope is sufficiently operationalized for application by other researchers and helping professionals.

All types of relations between voices are founded on practices for exercising power and resistance. In that sense, the strategic situation could be conceived of as a system of legitimizing and delegitimizing practices among the voices embedded in particular context. Thus, clear-cut legitimation is an integral part of several relations between voices: identification, acceptance with critique and team work. The dominant Ideologue regularly employs it to legitimize the King (sometimes, also, other voices), and King to legitimize Executors and Facilitators. In cases of cooperation and productive tension, a voice is in danger of being delegitimized if it does not modify its performance according to the influential voice's standpoint. Influential voices (Advocates, Process Modifiers and Subsequent Evaluators), in our model, have some source of legitimation (Ideologue, external voices, context) that enables them to prevail over an internal voice and modify its performance. When conflict occurs its integral part is clear-cut delegitimation. Protestors (especially Antagonists) are regularly in opposition with the King and his team and, thus, routinely delegitimized. The same goes for the Illegitimate Facilitator, although its status is a bit more controversial because, as we have seen, it proves itself useful to an influential voice in some situations.

The presented interpretative framework provides the tools necessary for understanding and describing the psychological mechanisms involved in establishing the dynamics between the already defined *tendency towards dominance* and the opposing *tendency towards pluralism*. Accordingly, conflict can be seen as a mechanism for preserving incompatible ideologies within the self, while the mechanisms of productive tension and cooperation make it possible for these ideologies to be manifested simultaneously in behavior with more or less friction. Likewise,

acceptance with critique and identification are responsible for maintaining both the continuity of dominant ideologies and openness towards new ideologies. This helps avoid rigidity or rupture in the self. Team work enables an ideological position to realize itself in various social circumstances by relying on the situationally contextualized ideologies of the facilitators and the know-how of the executors. The absolute predominance of the tendency towards domination would result in a monologized self, while the absolute predominance of the tendency towards the pluralism would result in a cacophony. Both extremes are features of pathological dynamics of the self (Lysaker & Lysaker, 2002).

Our methodological approach and the obtained data justified the conceptualization of the self as inextricable from interpersonal relations, and discursive and material aspects of the cultural and institutional context (Gergen, 1991; Mead, 1934; Procter & Winter, 2020; Shotter, 1993). In order to operationalize the role of the sociocultural environment as an active agent that shapes the dynamics of the agonistic self we conceptualized the strategic situation comprising the self, exterior voices and the context as the main unit of our analysis.

Namely, we confirmed the assumption from the DST that others continuously shape the dynamics of the self. When other people, who exist outside and independently of the self, assume one of the available positions of subjectivity within the limitations of the cultural context and engage in an interaction with someone's self, they become idiosyncratically refracted in that self, i.e. the self gives others the status of exterior voices.

Further, for understanding the dynamics of the agonistic self it is necessary to take into consideration the formative and legitimizing effect of sociocultural and institutional context. As for the *formative* effect, Hermans (2018) pointed out that there is a constant flux between the self and social environment, which means that positions from the social environment transform the self through internalization. The novelty here is that we found that not only positions are appropriated, but also the relations between them. However, the appropriation of positions of subjectivity from the context does not preclude idiosyncrasy. For example, the subject-position of a teacher as a figure of authority appears in the individual consciousness as the voice of the Father with its idiosyncratic narrative. Likewise, relations between voices do not only reflect the culturally typified "dramatic plots" that narrative psychologists analyze, but also individually specific dramas. For example, in certain teachers, the voice of the Tutor can in some cases prevail over the

voice of the Teacher. Finally, the professional self of a teacher is also saturated by voices originating from other social contexts, e.g., family, friendly, and emotional voices.

Another novel finding presented here, compared to the DST, is that the context is not only manifested as a set of positions. Ideologies it comprises are also realized through material cultural products (e.g., a textbook), rituals (e.g., wearing black when mourning the death of a family member), procedures and norms (e.g., employment practices or administration) as well as values (e.g., an education system encouraging project-based learning). These manifestations, even though are not personified as voices, do legitimize or delegitimize voices of the agonistic self, thus significantly affecting its dynamics. We labeled this kind of influence of the context that does not involve a prior appropriation of ideologies as *legitimizing*.

We hope that the concept of strategic situation allows for more comprehensive analysis of the dynamics of the self-in-context, and that will contribute to overcoming the conceptual and empirical challenges caused by the artificial extraction of the self from interpersonal relations and sociocultural and institutionalized practices. This theoretical and methodological necessity has previously been articulated in sociocultural models of human development and activity (Cole, 1996; Engeström, 1987; Valsiner, 2000; Wertsch, 1991).

Another important issue, as pointed out by Mischel & Shoda (2008), pertains to the relationship between individual consistency understood as transsituational stability on the one hand and the changeability and adaptability of behavior to different social situations on the other. We believe that dominance/prevailment results in the consistency of behavior that is self-perceived and perceived by others, which other authors have ascribed to the universal developmental psychological tendency towards the integration of the self and the identity (Erikson, 1968/1994; Adler, 1956; McAdams, 2001). However, dominance and prevailment rely on tension and resistance, which can lead to shifts in the distribution of power in a strategic situation, which could explain the changeability of behavior. Likewise, the influence of the context on the dynamics of a strategic situation additionally illuminates the fact that behavior is context-specific and diachronically mutable.

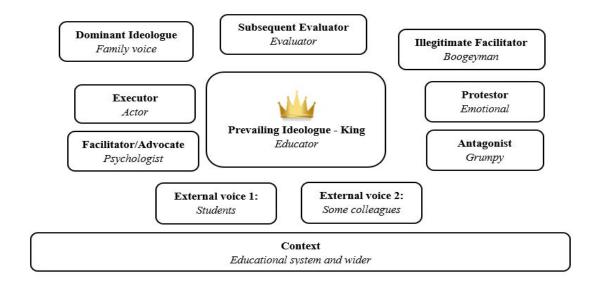
The presented model is suitable for context-sensitive examinations of the phenomena of self-regulation, identity and development (Džinović, 2020; Džinović, Vesić, & Grbić, 2021; Grbić, Vesić, & Džinović 2021; Vesić, Džinović, & Grbić, 2022) but also personality mechanisms that underlie the sense of personal and professional purpose, wellbeing and mental health (Džinović,

2021; Džinović, Grbić, & Vesić, 2021). Based on the teachers' positive feedback after the interview, we can conclude that the model can be used as a framework for planning and realizing self-evaluation and self-guided professional development. Therefore, future studies should focus on the practical application of the model with the goal of deepening the understanding of concrete behavior and planning interventions in educational, professional, and psychotherapeutic contexts.

The main limitations of our research are related to the type of data we had at our disposal. The research did not encompass the level of social interactions, on which we only had retrospective data. The absence of other sources of data precluded triangulation. Therefore, future studies should use additional data gathering and analysis techniques, such as ethnography, Foucauldian discourse analysis, and various techniques for exploring social interactions. Another limitation stems from the gender structure of the sample, which did not include male teachers. This prevented us from illuminating the role of gender in the constitution of the dynamics of the self. Finally, we are aware of the effect of the context of primary education institutions on the model of the agonistic self that we have developed and therefore it is necessary to test its applicability and comprehensiveness in different personal, interpersonal, and institutional contexts. Since we strived to formulate categories that are formal and independent of the content, we believe that the model should be applicable in all other contexts, but we cannot exclude the possibility of redefining some categories as well as introducing new ones.

Appendix 1

Picture 1 below shows each of the functions in an example of one of the participants – Tea. What is missing in this picture is the Process Modifier, which Tea did not have.



Picture 1: Functions of voices – Tea's example

What follows are the excerpts from the first and the second interview with one of the participants, Tea.

Excerpts from the first interview with Tea

Tea: I am, first and foremost, the Educator. I teach them stuff that is included in the curriculum. I teach culture. My classes should be pleasant, creative, interesting... I don't like to teach frontally, that is outdated, and not good with these new generations. I mainly teach through the discussion and guide students to discover the answers themselves. Sometimes, to get the right answer, I pretend to play the piano, trumpet, guitar – I use mimic and movement to get them to answer correctly. But you have to adjust that curriculum to each individual student group, every group is different. In one group it is a really creative atmosphere, but in another it is a catastrophe, I have to become serious and strict, I can't be creative. As soon as I start playing some musical games or something similar, somebody starts obstructing the class. God forbid if I start doing some choreographies – the fight would break instantly! So, I have to become uptight and ironfisted with them. When I go to teach that student group, I first say a prayer and then I enter the classroom.

Researcher: Ok, so, you are an Educator first. How would you name the voice that adjust every lesson to each student group?

Tea: That is Psychologist. He takes into consideration not just their behavior, but also their needs and wishes. And children react differently to the same things... So, I also have to be Actor, circus performer... especially with these new generations, you know. For this group you put this mask, for the other group this other mask. ... The Actor has a very difficult role. You simply have to know exactly when you should act something out. The most difficult thing is that you need to know how to respond in certain situations and you need to stand firmly on the ground, because if you let one class slip out of your hands, you have ruined your authority and everything for the entire year.

Researcher: What about the strict, uptight one? How does this voice behave in a classroom?

Tea: ...Write down Boogeyman, we'll call it that. I'll give you an example from a few days ago which shook me up a little, I mean, it happens to everyone sometimes. One kid told me: "Teacher, do you yell like that at your own kids?"; I say: "Yes, I think that I yell at them even more"; He responded: "If you were my mom, I would be so scared of you". ... I realized that I was not aware of my behavior. That made me stop for a moment and question myself. Am I really that Boogeyman? I don't want to be one. I don't like yelling.

Researcher: In which circumstances Boogeyman takes over?

Tea: Well, that happens when I try to explain something interesting to the students, and everyone listens but the three girls, who attend music school, talk constantly. You wouldn't believe how quiet a whisper that is like the flapping of a butterfly's wings, but even if I stood on my head, they wouldn't pay attention. I was probably more nervous than usual, so I yelled. But then, the worst situation is when I'm telling an interesting story and somebody talks behind my back, or students start a fistfight... That is when the Boogeyman took the scene and started screaming at them.

Researchers: So, before her the Actor tried to motivate the students, he failed, you started feeling frustrated and the Boogeyman took over?

Tea: Well, you start to feel insecure, for sure and – maybe it's ugly to say, but I'm doing this psychological analysis with you right now – maybe it is an attack on my ego. When a child starts behaving as if we are friends, that throws me off track. Not just me but all my colleagues too. What should we do, Actor should start jumping around or what, to make it interesting for them? And even that would not do the trick for a few of them, I'm afraid.

But then, there was a situation in which I, as an Actor, wanted to apply some stuff that I've learned at the seminar I recently attended and, somewhat to my surprise, I succeeded.... So, it is the end of the year, I have to finish the lessons, nobody listens to me, and I decide to tell them a riddle from the seminar. Only 2-3 kids heard me in that chaos and it blew my mind how smart and quick they were... Then the atmosphere start changing, one by one they started wondering what games we are playing. I gave them another musical riddle ("What stands down? Note C!", and, from that point on, we all started inventing the riddles ourselves. Now, I completely wasted that class in a sense that I did not do what I planned. But my heart was full, I managed to calm them down, we had so many creative answers, even the most undisciplined and the least

⁷ Wordplay in authors' mother tongue: note C is "DO", which is the first part of the word "DOWN".

bright ones – everyone participated, I couldn't believe how great it was. ... By the end of the class I was exhausted, but the lesson turned out to be very smart and creative. I started, and they took over the initiative. Researcher: Is there some other role, the voice who is maybe not constantly there but it sends you a message that you find important?

Tea: Well, yes, I as I'm questioning myself... It's the Evaluator, somebody who is doing self-evaluation. No matter how experienced you are, we all have that voice. Sometimes I fail to do everything I had planned, so I start asking myself what I could have done, why I let someone be disruptive and what I can do to prevent that from happening again.

Researcher: Ok, and can you now remember some voice that you hear sometimes in your mind, but you know that it belongs to somebody else that you know? Maybe they belong to your parents or colleagues?

Tea: Well, sometimes I ask myself: "God, why did you choose to become a teacher?" But my mom's parents were teachers, so maybe they instilled in me love for this vocation.

Researcher: Which voice questions your choice of profession?

Tea: I don't know, some Grumpy voice. I'm kidding, it is ugly to say that that is a pessimist because I am not one, but... he is heavily influenced by the context, you know, the state in our society. When I say that, I mean — the state of the culture in general, but also — the way the kids treat us, teachers, the way the parents treat us. All of us are becoming Grumpy more and more, because we are pressured very hard, and that's not good. We are all playing and balancing on a wire, and it depends on how much you love your job... I love it and when the Grumpy gets ahold of me I manage to quickly chase him away. ... But he is not there when I teach, I leave him outside the classroom. Once I leave the classroom, he could show up and bug me.

Researcher: How do you manage to chase the Grumpy away?

Tea: Because I lead an orchestra and choir and I see how much children like to come to my classes. ... I really love it. I work over the norm. But then Grumpy shows up: Why do you do that? How much are you paid? I mean... After 13 years on this job, I fulfill 100% of my quota and I get paid 75%, even though I work in 2-3 schools. It is perfectly normal for Grumpy to take over. On Monday, I finished my classes at 12:20, but I left school at 3, because the children wanted to stay and sing. And even though I'm mourning my late father, I can't leave, I want to stay. So, I stayed and sang with them. My colleagues say to me: You know what? You should only work as much as you are paid to. But I will never work like that... My grandma and grandpa were extremely strict, God forbid how strict they were, but they were respected and loved. Everybody knew of them. They lived modestly but they were highly appreciated. Nowadays, not only can you barely make your ends meet, you don't even get respect. But I hate the proverb: "How much money, that much music", I will never say it. I do not want to lose this enthusiasm and if I lose it, I will quit. I will stop teaching. I will... I will become a dishwasher. With no one to bug me, I will just do the dishes in silence....

Researcher: Who is the biggest opponent to the Educator? Who undermines him the most?

Tea: It's all the paperwork, it is confusing, and they have different forms in different schools. It makes me mad, the Grumpy starts showing up – come on, make the simple form and apply it everywhere, don't make fools of us, teachers. And all the innovative methods, it all sounds great but it is not realistic in our system, we are not

America. In their movies, my colleagues sit outside, play their little guitar, sing about birds and flowers. But I have a curriculum, I have a textbook and I have to adhere to the lesson plan.

Another thing is — I'm severely self-critical, I'm trying to fight this but I guess I'm just made that way. My grandma was the same way. I'm never satisfied and I always think that it could be done better. It's not good for me but I always manage to find a flaw in everything. The other day we had a project about M.M. and I was insanely nervous because I wanted to show off both myself, as well as the other colleagues and the students. My colleagues did not complete the project on time, so I had to do something at the last minute, which is very stressful for me. And the Actor can't show the kids that he is under stress. Also, I wanted to do that project. And it turned out to be very interesting. Nobody new how stressed I was. Even though I was praised for it and everyone said that it was great, I was not satisfied.

Researcher: You have mentioned your grandparents. What take did they have on your profession? What do you think about it?

Tea: I think that the times have changed... Children no longer treat us the same way and I think that they would not be able to handle it. That is why I have to play roles that are different from theirs.

Researcher: Can you think of some situation in the class that shows how all your voices act?

Tea: Well, it's 1000 degrees in my classroom. I want to give final grades and the students could see that I'm nervous — one is singing here, the other one is doing some random stuff, the one over there wants to improve his grade, the fourth one is yelling something. One student is playing the piano. My head is like an octopus, my brain is a mash. And the students ask: "How do you manage to keep track of what every one of us is doing?" But I really can, probably because I'm a musician — I see and hear everything. When you find yourself in that chaos, how to make that bearable? Then the Boogeyman shows up, and starts yelling and threatening. But after two minutes the chaos arises again. That happens at the end of the year, when it's hellishly hot. Then, I tell them that I understand that they are nervous, but I tell them: "Please understand me. I'm also human, I'm also sweating. There are so many of us and I am alone. We should understand each other's hardships".

Researcher: Which voice is saving that?

Tea: That is somebody new who is emotional and needs compassion and empathy. Emotional. Kids mostly lack it nowadays, but sometimes they amaze me. When my father died, they came, some of them hugged me, some offered condolences. Then I started playing for them, and they said: "Can you do it, teacher? You are great". This is my job, I'm a professional, nobody should ask if I can do it or not. I don't want them to lack anything because of my private issues.

Researcher: Which voices go together well? Which make a good team?

Tea: It's the Educator, the Actor and the Psychologist. They are realizing the teaching process and the want to do it right, to bring the best results. They want to help the children. There was a kid who said to me: "Teacher, since we listened to the music in your classes, I started doing it regularly with my mother.". He wasn't a great student, but he has become great, he found his interests and now he knows everything, not a chance that he will miss something! I motivated him and that means so much to me. That inspires me to continue doing good things.

Or sometimes students start attending music school because they have worked with me and they liked it. I have found their talent which they and their parents had no clue about. There's no bigger inspiration!

Researcher: What is the opposite of this – of inspiring the students?

Tea: It's the Boogeyman, he creates negativity, bad atmosphere, he should not show up and take over but, unfortunately, he has to. I would kick him out both from my home and from the classroom. But kids need to learn that there are some rules, a system that they will need to follow later, as grownups, what can you do, you have to.

Researcher: What is the opposite of having enthusiasm?

Tea: Well, the Grumpy. One complete teacher that is well educated and competent should always work on improving themselves, she wants to learn new things, to inspire the students, to change the world. I fight against windmills, I try not to be Grumpy, not to be a Boogeyman, and I believe that I still have that positive energy, which I would like to keep, to continue including new and innovative stuff when I teach. If you stagnate and the system pulls you, you drown in the Dead Sea, you are where you are and you don't want to move, you are not open to the new things. The system is suffocating you. I think that many feel anxious in this system. Now, if you are strong enough and you are an enthusiast and want to progress, you push that anxiety away. But you should be very strong in teaching as well as in life and it is important to be aware of that. Many are not aware and they drown.

Excerpts from the second interview with Tea

Interviewer: What do you think of our analysis? Did it make sense for you?

Tea: When I was reading it, I started thinking about Grandma's and Grandpa's voice. It's not just them, it's more like what I was watching when I was growing up, what was instilled in me. It is my whole upbringing, that includes both of them, but also my parents. ... It's like a Family voice. I mean, it was completely different back then, so I cannot rely only on them, but it is probably something that was instilled in me, some values that we all need to nurture, and that children need to learn and respect.

Interviewer: Ok, we will change the name of that voice to Family voice. ... Now, who says the following words: "One complete teacher that is well educated and competent should always work on improving themselves...to inspire the students, to change the world. ... If you are strong enough ... you push that anxiety away."? Also, who says: "I mainly teach through the discussion and guide students to discover the answers themselves." and "The class turned out to be very smart and creative. I started, and they took over the initiative"?

Tea: How many voices do we have in our heads?

Interviewer: A lot, and they grow bigger in numbers as the time passes by.

Tea: That sounds worrying (laugh). ... It's the Educator. He is not strict and firm... I think you got him all wrong. Yes, he is focused on realizing curriculum, but he finds creative ways to do so. He is flexible. If you look at the tradition – grandma and grandpa taught frontally, they talked and children were quiet. They were uptight and restrained ... My Educator has to learn new stuff, to expand his knowledge. The Educator is the leader, he is on top of the pyramid, but all other voices have to participate, so they could help the Educator who is on top.

Interviewer: Who helps him?

Tea: The Psychologist, he is one piece of the puzzle. Also, the Actor. I mean, I'm not acting, I am myself with my students. But the classroom is a kind of a stage, and I have to adjust to my public. So yes, I change roles. But there are 2-3 students that are tough cookies, so the Boogeyman must take over.

Interviewer: So, you keep going back to the idea of a team assembled around the Educator. Let's use that metaphor.

Tea: Yes, that's what I said. It's as if he [the Educator, see example below] was above them. It's like a king and his kingdom. The king has advisors who assist him to reign.

Interviewer: How do they help him?

Tea: I remembered you yesterday when I said to my students: "Look how many of you are here, and there is only one me". That calmed them down, even if for a minute or two. They look at me like: "She is right" and say to each other: "Look at the poor teacher, be quiet". ... So those other voices make the right atmosphere for the Educator to come out and teach or sing, whatever he intended to do. They prepare the scene for his work. When that does not work, I first pretend that I'm mad – that's the Actor - and then I talk to them about respecting each other, about following the rules, about being decent and well-mannered. That is what Family voice believes in.

Interviewer: So maybe you have two kings, two main voices?

Tea: No, the Family voice is like a chief adviser in the kingdom. He has some traditional values. He and the Educator want students to know, when they hear something on TV or radio, what that music is. It is important for me that students learn something for life. I want them to remember me.

Interviewer: ... Ok. You also said that it is important for you as a teacher to always improve your skills and knowledge. Which voice says that?

Tea: Well, maybe that is the Evaluator, he wants to help the Educator to always be better. But it is hard to put that one town in just one voice – for me that's the natural order of things, nobody needs to push me to improve myself. That was instilled in me, my mother always spoke about that. It's from the childhood. In my family everyone has a university degree. My mom always read something, up until she retired. The mom did so, my grandparents did so. Throughout my schooling teachers always said: "Never stagnate, always learn new stuff". So it is maybe the Family voice.

Interviewer: Ok, so you explained that quite clearly for us. What about this: "Times have changed, children no longer treat us the same way and I think that they [grandma and grandpa] would not be able to handle it. That is why I have to play roles [the Psychologist, the Actor, the Innovative and Flexible Teacher] that are different from theirs."

Tea: It is the Educator, but the Psychologist and the Actor also see that. They did not have to play different roles.

Interviewer: Ok, let's go back to the Boogeyman. Who is undermined so that the Boogeyman has to take the stage?

Tea: When I was reading your analysis, I really did not like the Boogeyman. He is not screaming, he is yelling, but it's not long or anything. It is more like the volcano eruption. Psychologist tries to no avail; the Actor tries and fails.

Interviewer: ... And then the Boogeyman takes over. Is he defending the Emotional one?

Tea: Now when you mentioned the Emotional one – we should not show that side of ourselves to the students. They say for the other teacher: "You can easily see when she is nervous – she must have gotten into the fight with her boyfriend". Look, they are the children, and I'm listening and thinking – that's appalling. When I ask about myself, they say: "You don't act like that". So, we shouldn't show them that emotional part of us. No matter how tired am I, that's not their concern. That is my issue, not theirs. That's my job. I have to deal with it. But sometimes you can see it [tiredness] on my face... everyone shows it sometimes. They ask: "Are you ok teacher?" The previous night I took care of my sick kids, sure, I'm fine. Why would I tell them that and try to get their compassion? There's no need for that. But the Boogeyman does not hide the Emotional, it's the Actor. Interviewer: When does the Boogeyman show up, then?

Tea: Unfortunately, they [children] only react to something that is fast. And dramatic and dynamic. I remember when my grandma used to say: "If they don't listen to you, you should talk quietly for a bit, or stop talking shortly." Yeah, right, they would be the happiest if I stopped talking so they could have their fun. ... The Boogeyman is like a bad cop who has to put things in order. Law and order kind of voice.

...

Interviewer: Ok, so we have this emotional part that you have said that you don't like to show.

Tea: Yes, it is when it's hellishly hot and I say to them: "Maybe I have to go to the bathroom too; I am nervous too, maybe I am hungry. But sometimes you simply have to endure. You are nauseous, I am too. But let's endure until we finish the job." ... I can scream, I can start playing the piano loudly, but sometimes I want to get through them. ... I want to show them that I am not a Boogeyman, that I care about them. ... That I am not here to torture them, that we are all on the same side. These are some more sophisticated methods.... I'm using Psychologist for that. It calms them down, which helps the Educator.

Interviewer: But we also have that emotional part of you. ...

Tea: The Emotional... They should not see something that is personal, which I am bringing from my life, from my family. Students say (for the other teacher): "She is playing with her hair nervously; she must have gotten into a fight with her boyfriend. ... You don't show that stuff to us." And I don't want to show that to them. It's ugly to show it.

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